



Thomas Cook Tours

SAVE ^{UP TO}
£200pp*

CENTRAL & SOUTH AMERICA 2019-2020

**DISCOVER NEW IMMERSIVE SIGHTS AND EXPERIENCES ON
THESE NEW ESCORTED JOURNEYS AROUND THE WORLD**

January 2019 - April 2020



This travel guide could find its way into your hands, anywhere and anytime.

Maybe you're sitting down in your office, with a stack of post in your hand, ready to start the day. Maybe you're sitting on the sofa with a cup of coffee in your hand, idly flipping through the pages. Maybe you just picked it up off a coffee table, because the picture on the cover caught your attention.

Travel can take you somewhere that feeds your soul, or shows you new experiences. Opening up this cover, and flipping through these pages, could start a chain reaction that takes you across the globe, seeing new sights, tasting new foods, and meeting people you never thought you would. This travel guide could help you discover your reason for travel, that deep-down feeling that pushes you out the door and on to a new city, a new culture, a new friend.

We don't know where you're reading this travel guide right now, but we do know this — this is the beginning of something wonderful.

The Thomas Cook Tours Team

see what's inside

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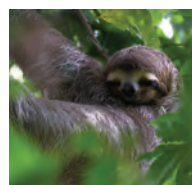
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COVER:

Adorable sloths can be seen relaxing and going about their day in the trees of Costa Rica.

(COSTA RICA: A WORLD OF NATURE SEE PAGE 42)



THOMAS COOK TOURS GIVES YOU **more**

MORE PEACE OF MIND

Since 2013, we have partnered with Collette, a family owned company with 100 years' experience in touring holidays. This coupled with the heritage of Thomas Cook, is the perfect recipe for amazing journeys around the world. These inclusive tours offer you MORE for your money, and with a focus on service we give you MORE of what makes travel special. **SEE PAGE 6 TO LEARN MORE.**

MORE EXPERTISE

Thomas Cook Tours is a travel company with decades of experience. Our passionate tour design team is constantly keeping their finger on the pulse of the travel world, staying ahead of what's trending. Plus, with a professional Tour Manager and local guides by your side, you'll never miss a thing.

SEE PAGE 8 TO LEARN MORE.



always included...

- Expertly crafted itineraries
- 4-star accommodation
- Skilled and engaging tour managers
- Expert local guides with insider knowledge
- Attraction entrance fees with preferential access
- Many meals full of local flavour
- Unparalleled sightseeing
- Enriching cultural experiences
- Comfortable on-tour transportation
- Hotel-to-hotel baggage handling
- Plus, access to Wi-Fi hotspots on tour 📶

MORE FLEXIBILITY

Everyone travels differently, and Thomas Cook Tours wants to craft the perfect travel experience for you. That means offering options like pre- and post-night stays in the world's greatest cities, tour extensions, built-in free time, and It's Your Choice excursions. More customisation makes every moment feel like your own personal adventure. **SEE PAGE 10 TO LEARN MORE.**

MORE ON TOUR

We don't just try to meet your expectations, we seek to exceed them. Including more iconic must-sees and cultural immersion is just the beginning. We also include more meals at local restaurants, more authentic dining experiences, and more menu choices. Add in carefully selected 4-star accommodation and the stage is set for a truly amazing journey. **SEE PAGE 16 TO LEARN MORE.**



more PEACE OF MIND

By your side every step of the way

Of all the things Thomas Cook Tours delivers, one of the most valuable is the knowledge that everything is taken care of. Wake each morning with a new experience in front of you and do it all without having to worry about a thing.

relax, we're on it...

UNPACK LESS, ENJOY MORE

PERFECTED TOUR PACING

More than 40 of our tours feature hotel stays longer than just one night. It means you'll spend the right amount of time in each destination and less time packing and unpacking.



GUARANTEED TO GO

BOOK WITH CONFIDENCE

Choose from thousands of guaranteed departure dates. Book with complete confidence as these selected departures are guaranteed to operate.



PRIVATE DOOR TO DOOR TRANSFER SERVICE

UP TO 150 MILES

Leave the hassle of getting to the airport behind. Enjoy round-trip home to airport private car service. It's the perfect way to begin (and end) your journey when you reserve an air-inclusive tour.

(SEE PAGE 48)



THE **Passport** CLUB

RECOGNISING OUR LOYAL GUESTS

Travel with Thomas Cook Tours to become members of our loyalty program, the Passport Club (formerly Travel Loyalty Club or TLC). Members automatically earn a £100 (GBP) credit every time they travel along with various other benefits. Former TLC members with existing credits will have them automatically applied to their account.

(CALL FOR MORE DETAILS)



Unmatched experience

Our team of experts have built relationships all over the world. It could be the time spent crafting the perfect local experience, the ability to include more in each itinerary, or simply knowing the destinations better than anyone else but those connections (and years of experience) allow us to pass the value on to you.



GIANCARLO TERRAZAS TOUR MANAGER

Giancarlo's love for South America shines brightly, enchanting our guests who can't wait to see what comes next.

"What I love about South America is the contrast. You can be in the driest desert and take an hour-long flight and find yourself in the middle of the lush Andes mountain range. A train takes you to the sacred river of the Incas. You can be in the highest navigable lake in the world, you can visit Iguazu falls—by far a place everyone must go. I love everything about South America: our history, the beauty, the people, the food. It's just a beautiful place with incredible people."

“ We have travelled with Thomas Cook Tours on several tours. The tour manager makes the difference between a great tour and an average tour. Complete South America was **a good trip that lived up to the name “Complete”**. The tour manager helped to make sure all transfers and transportation were smoothly completed. ”

- THOMAS COOK TOURS TRAVELLER
ON THE COMPLETE SOUTH AMERICA

Iguazu Falls

TOUR DESIGN TEAM

It all starts with perfectly planned itineraries. Our design team travels the globe, seeking out new and authentic inclusions. Along the way they vet each element of their tours – from the accommodation to the menu choices – ensuring you have the best possible experience.

TOUR MANAGERS

Thomas Cook Tours's Tour Managers are the best trained and most respected in the world. Drawing on their own rich backgrounds and extensive training, they enhance each journey. Whether it's with a bit of historical information, suggesting a special local restaurant or sharing a laugh, these travel aficionados are at your service.

LOCAL EXPERTS

Get a local's perspective! Having a local guide at your side enhances your experience. They know the ins and outs of the destination. These friendly faces love to share an insider's view of the places they call home.

every traveller is different, so **make your trip your own**



START EARLY

Spend more time in the city that starts your tour. Add a pre-night stay to your existing itinerary, and we can reserve tickets to your host city's best attractions. Enjoy the benefits of early arrival and a streamlined booking process.



STAY LONGER

Thomas Cook Tours can also add a post-night stay to your existing itinerary along with tickets to your host city's best attractions. Stay a little bit longer and enjoy more of some of the world's best cities.



OPTIONAL EXCURSIONS

Enhance your experience by choosing from our optional excursions. Each one is carefully selected to offer you a deeper perspective on your destination.

more FLEXIBILITY

There is a menu of options for you to choose from to make your tour perfect. With features such as pre and post nights stays, tour extensions, and on-tour options, you can make every day a personal adventure.



DINING EXPERIENCES

On select tours, our Diner's Choice feature allows you to choose where to enjoy your included dinner for that evening. Find just the right spot from a list of local restaurants.



TOUR EXTENSIONS

Add an extension to the beginning or the end of your tour to ensure that you'll make even more unforgettable memories while exploring the world.

CALL FOR DETAILS.



GO BACK-TO-BACK

Thomas Cook Tours can help you combine two tours into one grand experience. Many of our dates line up perfectly to allow you to discover more of the world. **CALL FOR DETAILS.**

TAILOR HOW YOU GET THERE AND BACK



ELITE AIRFARE

Land rested, refreshed, and ready when you book a premium economy, business or first-class ticket with amenity-rich Thomas Cook Tours Elite Airfare.

CALL FOR DETAILS.



PRIVATE DOOR TO DOOR TRANSFER SERVICE

Start your trip off right – get picked up and dropped off at the airport by our Private Door to Door Transfer Service when you reserve an air-inclusive tour.

SEE PAGE 48.



more CONVENIENCE

Booking flights with us is easy

...and we can be as flexible as you need to be. We can organise flights from most of the UK's regional airports, with our preferred airline partners. We can advise you on the best airlines for each tour and the best routes, and you can choose who you'd prefer to travel with. We'll find the best price for you based on your chosen departure date and local airport.



MORE CONVENIENT

From Exeter to Inverness, we can fly you from your local airport to join our tours around the world minimising the need to travel to London. Let us find the best priced and most convenient flight for your holiday choice and your UK location.

MORE COMFORT

We can also organise to upgrade your flight to premium economy, business or first class and arrive refreshed and ready for an adventure. We have great partnerships with many airlines and often have access to exclusive flight upgrade fares. Just let us know your preference at time of booking, and we will find the best priced flight for you.

MORE PEACE OF MIND

When you book a flight inclusive holiday with us, if your tour itinerary changes for any reason, or the flight schedule changes, we will manage all the changes for you. Your holiday will also be fully bonded under our ATOL licence giving you full protection for your holiday. If you choose to book your own flight, if anything does change you'll be liable for any flight changes required.



more COMFORT

Travelling in style

We believe your holiday starts as soon as you leave your front door. So, when you book a flight inclusive holiday with us, you'll be able to start your holiday in style with our exclusive private door to door service. Getting to the airport can often be one of the most stressful parts of your holiday, but don't worry, we have it all in hand.



BON VOYAGE

Your driver will collect you from your home and take you directly to your chosen UK departure airport. Your driver has access to the latest satellite navigation technology, to ensure that you have the most convenient, traffic free journey to the airport. Your transfer is exclusively for you and no one else!



WELCOME HOME

When you return from your holiday, your driver will meet you as you come through into the arrivals hall after you have collected your luggage. You will then be whisked away from the airport and taken straight back home, without any diversions, in the comfort you have been accustomed to on your tour.



YOUR PREFERENCE

If you prefer to drive yourself to the airport, you could take advantage of our complimentary hotel stay and airport parking at the airport of your choice. If you have an early morning flight, or you could extend your holiday for an extra night if you have a later flight back. Just let us know your preference at time of booking.

Conditions may apply, for full terms & conditions please see page 48.



more ON TOUR

It's Your Choice

Everyone's road is different, and that's why Thomas Cook Tours offers It's Your Choice excursions. Many of our itineraries now feature different paths you can take. Before your departure, simply select the included excursions that best suit your interest. On select days, you'll set out on these customised included experiences.

more **freedom** to explore



WITH
IT'S YOUR CHOICE,
choose an excursion
before departure,
and personalise your
adventure!

**KEEP YOUR HEAD IN
THE CLOUDS**

Climb high into the trees for your choice
of a "Hanging Bridges" tour **OR** zip lining
in the cloud forest.

TROPICAL COSTA RICA PAGE 24



**HIKE UP THE VALLEY OR
EXPLORE BY HORSEBACK**

Set out to hike the valley and look up at
the slender poles of wax palms **OR** travel
on horseback to see the valley through
the eyes of a Colombian farmer.

EXPERIENCE COLOMBIA PAGE 46



OLD OR NEW

Discover Lima's fascinating history
during a colonial tour through the
historic city center **OR** explore the
modern side of Lima, visiting the
fashionable suburbs.

**PERU: ANCIENT LAND OF MYSTERIES
PAGE 28**



CHOOSE YOUR EXPERIENCE EARLY!
IT'S YOUR CHOICE
EXCURSIONS FILL UP FAST!

more on tour



Machu Picchu

Panama Canal

Must-sees

Machu Picchu. The Panama Canal. The rainforest in Costa Rica. Our carefully crafted itineraries include the iconic, must-see sights for each destination. Seeing the grand iconic sights of the world in person creates a richer portrait of each incredible destination.

“

Never fails to educate, highlight and focus on the local culture. This is the second trip we have taken with Thomas Cook Tours and continue to feel that you do an **excellent job** on the **organisation** of the trip...**Thank you**. We would **not hesitate** to join another tour if a destination came up.

THOMAS COOK TOURS TRAVELLER
ON MYSTERIES OF INDIA

” **feefo**
The Global Feedback Engine



Salsa lessons



Oxcart



Pachamanca

Cultural experiences

Savour an authentic Pachamanca dinner in Peru. Take salsa lessons in Colombia. These cultural experiences, selected by our experts, allow you to truly come to know both the destination and the people who call it home.

more on tour



Costa Rica Cuisine

Brazil Caipirinhas

Culinary inclusions

MEALS BECOME MEMORABLE MOMENTS

Inspire your taste for other cultures with authentic cuisine in authentic settings. Our culinary experiences allow you to explore new cultures in an engaging and flavourful way.



Westin Playa Bonita, Panama



Casa Andina Sacred Valley, Peru



Doubletree, San Jose
© 2013 Doubletree

Accommodation

4-STAR AND ABOVE ACCOMMODATION

Whether it's the amenities, the history, the view, or the location, your accommodation becomes a highlight all on its own. We enhance your travel experience by strategically selecting hotels that truly capture the destination.



more RESPONSIBILITY

Caring for the places we live, work & travel

We believe that social responsibility betters us all. From implementing education and nutrition initiatives on a local and global scale, to empowering our employees with learning opportunities and personalised growth plans, to reducing our environmental footprint, we are committed to making our world a better place to live, work, and travel.

corporate social responsibility

These social responsibility pillars influence every decision we make as a company and as human beings. They aren't just a priority – they are a way of life.



PEOPLE

Fostering Growth, Opportunity, and Well-Being

Our people are our most valuable asset. We invest in our employees by providing wellness, education, and volunteering programs, ensuring they have the tools they need to be happy, healthy, and successful.



COMMUNITY

Giving Back to the World That Gives Us So Much

Giving back is woven into our DNA. From serving food at a local soup kitchen, to building a new school for children in Kenya, we are passionate about caring for those who need it the most—in our backyard and around the world.



TRAVEL

Making the Journey Mindful, Immersive, and Responsible

We help sustain and preserve communities, cultures, and traditions on our travels, allowing our guests to responsibly discover the world.



PLANET

Working to Reduce Our Carbon Footprint

The earth is filled with awe-inspiring natural wonders. That's why we make responsible decisions to care for it today and improve it for tomorrow.

TROPICAL COSTA RICA

9 DAYS • 14 MEALS

FROM £1199

land only, per person, double occupancy



TOUR EXPERIENCES

- Uncover the importance of conservation in Costa Rica during a visit to a tree nursery.
- Discover the charming town of Zarcero and its whimsical topiary garden.

MUST-SEE INCLUSIONS

- Enjoy the breathtaking scenery surrounding Arenal Volcano.
- Spot indigenous wildlife while on a Cano Negro riverboat cruise.
- Learn about Costa Rica's vegetation on a guided walk in the cloud forest.



IT'S YOUR CHOICE!

(Be sure to arrange before your trip departs)

- Day 5** | Climb high into the trees for your choice of a "Hanging Bridges" tour or zip lining in the cloud forest.



CULINARY INCLUSIONS

- **8 breakfasts - 6 dinners**
- Discover the history of coffee in Costa Rica during your visit to a coffee plantation.



ACCOMMODATIONS

- Day 1** DoubleTree by Hilton Cariari, San Jose
- Days 2, 3** Nammbu Beachfront Bungalows - Playa Carrillo, Guanacaste
- Days 4, 5** El Establo Hotel, Monteverde Cloud Forest
- Days 6, 7** Mountain Paradise Hotel or Arenal Springs Resort, Arenal
- Day 8** DoubleTree by Hilton Cariari, San Jose

On some dates alternate hotels may be used.

TOUR PACE

See page 48 for details.



Arenal Volcano

Discover Costa Rica's good life on a rendezvous with abundant wildlife, exotic fauna, lush rainforests, and endless coastlines.

START EARLY

San Jose: Enjoy more of Costa Rica's exciting capital city, San Jose.
[CALL FOR DETAILS.](#)

Day 1: San Jose, Costa Rica - Tour Begins

Explore lush forests and stunning waterfalls...exotic wildlife and endless coastlines. Your tour opens in the colourful capital city of San Jose, the perfect place to relax and soak up the sights as your adventure begins.

Day 2: San Jose - Coffee Plantation - Guanacaste

Welcome to the Central Valley. Begin with a tour of a local coffee plantation highlighting the history and cultivation of this driver of the Costa Rican economy. This afternoon, arrive in breathtaking Guanacaste, known for its fine sandy beaches. Settle in for a relaxing 2-night stay at your resort and take in the mesmerising ocean views. (B, D)

Day 3: Guanacaste

Fun in the sun is in store today as you explore the nearby beaches, or simply relax

by the pool and take advantage of your resort's lovely amenities. This afternoon, visit the delightful beach town of Samara, one of the top sunset spots in Costa Rica. Soak in the spectacular colours as the sun illuminates the natural landscape. (B, D)

Day 4: Guanacaste - Monteverde

It's off to the secluded Monteverde Cloud Forest, a place you have to see to believe, where trees grow to heights of 100 feet! Set off on a nature walk through this spectacular ecosystem, where you're sure to encounter many incredible species of flora and fauna. Keep your eyes peeled and you may be lucky enough to spot the elusive quetzal! (B, D)

Day 5: Monteverde

It's your choice! Explore one of the world's largest butterfly gardens and a dazzling gallery containing more than 100 beautiful hummingbirds. Then, join an expert for a leisurely paced "Hanging Bridges" walking tour to gain a different perspective of the cloud forest's lush ecosystem **-OR-** take an exhilarating ride on one of the longest canopy zip line tours in Costa Rica. If you would like to do both the hanging bridges and the zip line tour, you may purchase the



Tamarindo Beach



Red Macaw Parrot

KEY HIGHLIGHTS

San Jose • Coffee Plantation • Guanacaste • Monteverde Cloud Forest • Arenal Volcano • Lake Arenal Cruise • Cano Negro Refuge • Zarcero



3-NIGHT JUNGLE ADVENTURE

Explore Tortuguero National Park. Enjoy a night in San Jose and 2-night stay in an eco-lodge. CALL FOR DETAILS

second as an option on tour. This evening, take part in an expert-led discussion about the migratory birds that flock to Costa Rica. (B, D)

Day 6: Monteverde - Lake Arenal Cruise - Arenal

Uncover the importance of conservation in Costa Rica during a visit to a tree nursery. Learn about indigenous trees and Monteverde's reforestation efforts. Cross beautiful mountainous landscapes to Arenal, where spectacular views of the famous volcano await your discovery. Enjoy a delightful cruise on Lake Arenal, Costa Rica's largest and most important lake. Later, check in for another 2-night stay at a lodge overlooking the majestic Arenal Volcano. Get to know the Costa Rican culture this evening. Taste your way through a cooking demonstration featuring local ingredients. End your evening dining on the recipes of Costa Rica as a guitarist serenades you. (B, D)

Day 7: Arenal - Cano Negro - Arenal

What's next? A Cano Negro guided riverboat trip in a covered canoe known as a panga. These 20,000 acres are home to the largest viewable collection of indigenous wildlife in all of Costa Rica. Go in search of crocodiles, river otters, sloths, river turtles, exotic birds

and rare butterflies. Later, return to Arenal for the chance to relax during an optional spa visit. (B)

Day 8: Arenal - Zarcero - San Jose

Today, get a little whimsical as we journey to the charming town of Zarcero to explore its fanciful topiary garden. Continue to San Jose to see the treasures of the city on a panoramic tour. See the bustling Plaza de Cultura. This evening, bid farewell to paradise over a wonderful dinner with your fellow travellers. (B, D).

Day 9: San Jose - Tour Ends

Today you depart for home with fabulous memories of your Costa Rican adventure. (B)

“The service on this tour was excellent from the knowledgeable tour manager, excellent bus driver, sightseeing options and beautiful hotels.”



Experience more with a **3-NIGHT JUNGLE ADVENTURE POST TOUR EXTENSION**

DOUBLE Starting from **£1199**

Land only, per person, double occupancy.

Prices based on 25 May 2019 departure

January - April 2019
(different itinerary - see note)
5, 7, 10, 12, 14, 17 January
19, 21, 24, 26 January
28, 31 January
2, 4, 7, 9, 11, 14 February
16, 18, 21, 23 February
25, 28 February
2, 4, 9, 11, 16, 18, 21 March
23, 25, 30 March
1, 4, 6, 8, 11, 25, 27, 29 April
Itinerary featured is for May 2019 - April 2020 tour

departures. Departures prior to this date will vary. Please confirm at time of reservation.
May 2019 - April 2020
(featured itinerary)
4, 25 May
8, 15 June
20 July
24 August
14, 21 September
5, 12, 19, 26 October

2, 4, 9, 11 November
2, 7 December
11, 13, 18, 20 January
25, 27 January
1, 3, 8, 10, 15, 17 February
22, 24, 29 February
7, 9, 14, 16, 21 March
23, 28 March
18, 20, 25 April

Visit thomascoktours.com for pricing details. Call about additional dates.

SOLO TRAVELLERS FROM £1399

TRAVEL WITH IMPACT

This special tour date blends sightseeing with volunteering. Give back to the local community while having a truly immersive experience. Call for more details.

24 January 2019



This trip requires a passport. Taxes/fees to be paid in local currency or USD upon exiting the country are approximately \$32 USD per person. An ESTA visa is required for all UK passport holders travelling to or via the USA, at your own expense. Please refer to the following website to purchase your visa: <https://esta.cbp.dhs.gov/esta/>. All travellers using the ESTA scheme must have a biometric chip passport. Our air passengers will arrive and depart from San Jose. Airport transfers are available for purchase.

DISCOVER PANAMA

9 DAYS • 15 MEALS

FROM £1449

land only, per person, double occupancy



TOUR EXPERIENCES

- Join your guide for a nature walk through the jungle forest.
- Discover the various arts of creating Panamanian hats, masks and dresses.
- Peruse a local handicraft market filled with crafts made by indigenous artisans.

MUST-SEE INCLUSIONS

- Enjoy three nights in a river view room in Gamboa — with a balcony and hammock!
- Travel by dugout canoe to an Emberá village to learn about indigenous culture.
- Traverse the Panama Canal through two locks aboard the *Pacific Queen*.



IT'S YOUR CHOICE!

(Be sure to arrange before your trip departs)

- Day 4** | Enjoy a guided walking tour showcasing the Plaza de la Independencia and the National Theatre or journey through this same neighbourhood with a local resident who will highlight the incredible revitalization of this historic area.



CULINARY INCLUSIONS

- **8 breakfasts • 3 lunches • 4 dinners**
- Sample fresh Panamanian ceviche at the Mercado de Mariscos.
- Taste the sweet sugarcane juice called *guarapa* at a sugar mill.
- Experience the local culture at a dinner featuring a folkloric dance performance.



ACCOMMODATION

- Days 1-3** Gamboa Rainforest Reserve, Gamboa
- Days 4, 5** Los Mandarinos Hotel, Anton Valley
- Days 6, 7** Cubitá Boutique Resort and Spa, Chitré
- Day 8** Westin Playa Bonita, Playa Bonita

ROOM UPGRADE AVAILABLE

Upgrade your room to an Ocean View Suite. [CALL FOR DETAILS](#)

On some dates alternate hotels may be used.

TOUR PACE

See page 48 for details.



Panama Canal

Encounter a land nestled between turquoise seas in enchanting Panama, where jungle forests, diverse culture and stunning coastlines abound.

START EARLY

Gamboa: Enjoy this quaint small town found along the bend of the Chagres River. [CALL FOR DETAILS.](#)

Day 1: Gamboa, Panama - Tour Begins

Experience a land of contrasts. Remote rainforests, rich history, diverse wildlife and spectacular coastlines abound in Panama. Your tour opens at the Gamboa Rainforest Reserve where you'll enjoy your private balcony and hammock overlooking the beautiful surroundings. During your leisure time, you may choose to explore by kayak or bicycle.

Day 2: Gamboa - Emberá Village - Gamboa

Meet your fellow travellers during a welcome breakfast. Then board dugout canoes and set off on an excursion up the Chagres River to an Emberá indigenous village. As the "Keepers of the Rainforest," the Emberá strive to preserve their heritage and take pride in sharing their traditional techniques of home building and handicrafts – such as basket weaving and tagua nut carving. Join in their dances

and partake in a traditional lunch. The remainder of your day is free to enjoy your resort. This evening, you may choose to join your guide on a nature walk through the resort's jungle forest and gardens for a chance to spot unique birds and other wildlife. (B, L, D)

Day 3: Gamboa - Panama Canal Cruise - Gamboa

Today we explore the canal! Board the *Pacific Queen* for a partial transit cruise through the Panama Canal. Enjoy lunch onboard and pass through two locks as you revel in a once-in-a-lifetime chance to see this incredible engineering feat firsthand. Learn all about its construction and operation from your onboard guides. Disembark at Flamenco Marina in Panama City. (B, L)

Day 4: Gamboa - Panama City - Anton Valley

Arrive at Miraflores Locks Visitor Centre to view the Panama Canal and learn about its past, present and future as you watch ships traverse the lock system. Continue to Casco Viejo, the Old Quarter (UNESCO). Then, **it's your choice!** Follow your guide for a short walking tour showcasing the

Plaza de la Independencia and the National Theatre -OR- for a more immersive experience, journey through this same neighbourhood with a local resident...hear the story of Casco Viejo's comeback from a member of the community who will take you through the place he calls home, highlighting the incredible revitalization of this historic area and its people. Visit the Mercado de Mariscos, a seafood market, and try fresh Panamanian ceviche. Next, head to Anton Valley, a community nestled inside the world's second largest volcanic crater. Afterwards, check in to your hotel at the base of the mountains. (B, D)

Day 5: Anton Valley

Delve into history and biodiversity. This morning, visit a frog conservation centre that protects endangered species, including the Panamanian Golden Frog, said to bring good luck to anyone who sees it. Then we explore an orchid nursery which dedicates itself to conserving regional orchids. We follow that with a visit to the Butterfly Haven exhibit; stroll through the screened tropical displays that are home to over 250 live butterflies. Meet the locals at the handicraft market. Try your hand at negotiations (a local pastime) as you peruse items made by indigenous peoples, including the "mola" embroidery of the Kuna Yala. This afternoon, visit El Chorro Macho waterfall. Embark on a moderate hike along the rainforest trails, crossing several bridges before arriving at the impressive waterfall. You may even take a swim in the natural pool. The evening is yours to continue exploring this charming mountain community. (B)

Day 6: Anton Valley - Chitré

Step into the heartland of Panama as you visit a village of artists. Interact with makers of the famous Panama hat and see firsthand how these wearable works of art come to life. Next, meet the legendary cigar rollers of Panama. Head north to Chitré. Established in 1558, it is one of Panama's first Spanish settlements. Spend the day meeting the people of Chitré, the "folklore capital" of Panama. Talk to a famous local artist whose whimsical masks are used in traditional Panamanian parades. Next, pause to experience the region's pre-Columbian and colonial times at the local museum. Tonight, immerse yourself in the local culture during dinner. Learn about the various Panamanian drums and how they are incorporated into song and dance during a folkloric dance performance. (B, D)

Day 7: Chitré

Today it's off to spend time with Panamanian women who have dedicated their lives to making the handwoven pollera dress. Later,



Pollera Dress



Panama coast

see what a typical day in the life of a Panamanian farmer is like during an inclusive finca experience. Choose to explore the farm by horseback or carriage, milk the cows or feed the sheep. Put your hands to work as you prepare some local dishes to accompany a farm to table lunch. Savour the tastes of a well-known, locally crafted rum cocktail. The rest of the afternoon is yours to enjoy at your hotel. Tonight you may opt to join a home hosted dinner experience; take this opportunity to learn about a local family's life, culture and food. (B, L)

Day 8: Chitré - Playa Bonita

Before departing Chitré, get to know a traditional way of cooking at a clay oven bakery and sample artisanal bread and sweets along with some sugarcane juice known as guarapa. Your journey continues to Playa Bonita, just outside of Panama City. Arrive midday to soak up the sun and ocean views from your beachfront property. After enjoying some fun and relaxation at your resort, bid farewell to Panama at a special dinner. (B, D)

Day 9: Playa Bonita - Tour Ends

Your journey comes to a close today. (B)

KEY HIGHLIGHTS

Gamboa Rainforest Reserve • Emberá Indigenous Village • Panama Canal Cruise • Panama City • Miraflores Locks • Anton Valley • Chitré • Pollera Dress Making Visit • Finca Experience • Rum Tasting • Playa Bonita



Anton Valley

DOUBLE Starting from £1449

Land only, per person, double occupancy.

Prices based on 20 June 2019 departure

January - April 2019

(different itinerary - see note)
17, 24, 31 January
7, 14, 21 February
14, 21 March
4, 25 April

Itinerary featured is for May 2019 - April 2020 tour departures. Departures prior to this date will vary. Please confirm at time of reservation.

May 2019 - April 2020

(featured itinerary)
30 May
20 June
20 September
24 October
5 December
9, 23 January
6, 13, 27 February

5, 12, 19 March
17, 23 April

Visit thomascooktours.com for pricing details. Call about additional dates.

SOLO TRAVELLERS FROM £1799

COMBINE TWO TOURS INTO ONE ADVENTURE

Book another tour with Discover Panama and create one grand experience. CALL FOR DETAILS

This trip requires a passport. An ESTA visa is required for all UK passport holders travelling to or via the USA, at your own expense. Please refer to the following website to purchase your visa: <https://esta.cbp.dhs.gov/esta/>. All travellers using the ESTA scheme must have a biometric chip passport. Our air passengers will arrive into and depart from Panama City. Airport transfers are available for purchase. Panama charges an international airport departure tax of approx. \$60 USD - the cost of this is included in your air ticket (subject to change). Rates are approximate and can be changed at any time based on governing authority. Due to flight schedules, a pre or post night may be required in Atlanta, Georgia, or Miami, Florida, (at an additional cost). Please enquire at time of booking. Each guest is responsible for proper documentation and inoculations that may be required and/or recommended to participate on this tour. Please contact your local travel clinic or personal doctor for specific details.

STAY LONGER

Playa Bonita: Keep your toes in the sand an extra day in this small beach town.

CALL FOR DETAILS.

PERU: ANCIENT LAND OF MYSTERIES

11 DAYS • 17 MEALS

ROM £2779

land only, per person, double occupancy



TOUR EXPERIENCES

- Learn centuries-old Andean textile methods at a living museum.
- Explore the colourful markets of Peru, including the famous Pisac village market.
- Discover the artist's techniques and designs at Pablo Seminario Ceramic Studio.

MUST-SEE INCLUSIONS

- Venture through the Andes in a domed train to Machu Picchu.
- Spend the afternoon with a guide uncovering the mysteries of Machu Picchu.



IT'S YOUR CHOICE!

(Be sure to arrange before your trip departs)

Day 2 | View the elegant Cathedral at Plaza de Armas and visit the Casa de Aliaga – where the energy of colonial and republican Lima comes to life **or** choose to explore Lima's modern side with a visit to the fashionable suburbs of Barranco and Miraflores.



CULINARY INCLUSIONS

- **10 breakfasts • 2 lunches • 5 dinners**
- Enjoy a culinary demonstration at your hotel at the base of Machu Picchu.
- Delight in a home hosted farm-to-table lunch at a local Quechua community.



ACCOMMODATION

Days 1, 2	El Pardo DoubleTree by Hilton, Lima
Days 3, 4	Casa Andina Premium Sacred Valley, Sacred Valley
Day 5	Sumaq Machu Picchu Hotel, Aguas Calientes
Days 6, 7	Hilton Garden Inn, Cuzco
Days 8, 9	Libertador Lake Titicaca, Puno
Day 10	El Pardo DoubleTree by Hilton, Lima

On some dates alternate hotels may be used.

TOUR PACE

See page 48 for details.



Machu Picchu

From the sacred citadel of Machu Picchu to the floating islands of Lake Titicaca, the magical wonders of Peru are waiting behind every corner.

START EARLY

Lima: Spend your first evening getting more time to explore the "City of Kings."

[CALL FOR DETAILS.](#)

Day 1: Lima, Peru - Tour Begins

Welcome to Peru, one of the treasures of South America. Travel through this intriguing land visiting some of the world's most legendary sites, including Machu Picchu, the "Lost City of the Incas." Arrive into Lima, the "City of Kings."

Day 2: Lima

Today, **it's your choice!** Discover Lima's fascinating history during a colonial tour through the historic city centre, a UNESCO World Heritage site. Admire the artwork at San Francisco Monastery and enter the catacombs. View the elegant Cathedral at Plaza de Armas and visit the Casa de Aliaga – former house of the conquistador Jeronimo de Aliaga y Ramirez – where the energy of colonial and republican

Lima comes to life **-OR-** choose to explore Lima's modern side. Visit the fashionable suburbs of Barranco and Miraflores for insight into the daily life of the Limeños during a walking tour. See the Park of Love, featuring unique sculptures and artwork, along with a stop at the Pyramid Huaca Pucllana. Visit the Pedro de Osma Museum featuring Peruvian art from the 5th - 18th century. This evening, get to know your fellow travellers during a welcome dinner of artfully crafted Peruvian dishes; you will quickly discover why Peru is consistently named the world's top food travel destination. (B, D)

Day 3: Lima - Cuzco - Sacred Valley of the Incas

Fly to Cuzco, located in the heart of the Inca civilisation. Journey through the Andes to the majestic Sacred Valley of the Incas, the agricultural centre of their grand empire. Learn the centuries-old methods of spinning, dyeing and weaving traditional textiles during a visit to Awana Kancha, a living museum of the Peruvian Andes. After a short lesson on the local language,

stop in Pisac village to browse the colourful handicraft market. Settle into your hotel nestled in the heart of the Sacred Valley. (B, D)

Day 4: Sacred Valley of the Incas - Ollantaytambo - Sacred Valley of the Incas

This morning, visit the spectacular Ollantaytambo ruins, the only Incan settlement that has been continually inhabited since its inception. A uniquely terraced complex topped with carved stone panels, these ruins reflect ancient Incan architecture and heritage. Then, head to the Pablo Seminario Ceramic Studio where you'll get first-hand knowledge of this internationally renowned artist's techniques and designs, inspired by ancient Peruvian cultures. Experience the lifestyle of the modern Andean people and delve into their culture when you travel to a nearby Quechua community and interact with the locals. You'll get a true taste of their daily life when participating in small group workshops that teach you traditional methods of growing, harvesting and weaving. Celebrate their culture as you learn their dances and listen to their musical instruments before enjoying a home-hosted, farm-to-table lunch featuring local specialities. (B, L)

Day 5: Sacred Valley of the Incas - Machu Picchu - Aguas Calientes

Climb aboard the Machu Picchu Vistadome train for breathtaking views through domed windows as you ride through the Andes to the "Lost City of the Incas." Hidden by mountains and semi-tropical jungle, Machu Picchu is considered the most spectacular sight in South America. Spend the afternoon with your guide uncovering the mysteries of these majestic ruins. Tonight, stay at the base of Machu Picchu for a chance to further soak up its atmosphere. Enjoy an exclusive culinary demonstration and learn how to craft the perfect ceviche and pisco sour before your dinner featuring a Peruvian menu. (B, D)

Day 6: Aguas Calientes - Machu Picchu - Cuzco

With leisure time this morning you may take an optional tour to return to Machu Picchu and view the sunrise or explore the local markets in Aguas Calientes on your own. Return by Vistadome train to the Sacred Valley. This evening you may join an optional home hosted meal experience with a local Cuzco family. (B)

Day 7: Cuzco

The morning is yours to relax or explore Cuzco on your own. Perhaps you'll choose to take

an optional tour to the San Blas neighbourhood to peruse its artisan shops, or delve further into Peruvian cuisine at an optional cooking class. This afternoon, join your local guide and travel above the city to discover the important sacred Incan ruins of Sacsayhuaman Fortress, followed by a visit to explore Cuzco's central market. Continue on a walking tour of the city, visiting Plaza de Armas, the Cuzco Cathedral and the Santo Domingo Convent. This evening, you are treated to an authentic dinner highlighting local flavours in the heart of Cuzco. (B, D)

Day 8: Cuzco - Puno

This morning, fly to Puno, hugging the shores of Lake Titicaca. Known as the birthplace of the Inca Empire, ancient legends say that life began here. Have time to meet the locals and discover the history of this region as you explore the village centre before checking into your lakeside hotel. Tonight, enjoy an evening at leisure. (B)

Day 9: Uros Floating Islands - Las Chullpas de Sillustani - Lake Titicaca

The Titicaca area, steeped in tradition and folklore, is the centre of Incan legends. Enjoy a morning cruise to the floating islands of the Uros people of Lake Titicaca. Experience walking on the spongy surface made from compacted beds of tortora reeds and meet the locals, learning about their history and lifestyle. Later, mingle with some local residents during an authentic home-hosted lunch where you'll taste regional specialities and engage in lively conversation. In the afternoon, visit the mystical Chullpas de Sillustani - an archaeological area boasting 13th-century funerary monuments. Participate in a local home visit to gain insight into daily life. (B, L)

Day 10: Puno - Lima

As your tour comes to a close, spend the morning relaxing on the shores of Lake Titicaca before flying to Lima. Upon arrival we head to the Larco Museum, a former mansion built on the site of a pre-Columbian temple. The museum offers a collection of over 3,000 years of ceramic, textile, and precious metal artefacts. After this incredible trip through history, your tour concludes with a sumptuous farewell dinner on the grounds of the museum. (B, D)

Day 11: Lima - Tour Ends

Your tour comes to a close today. (B)



Experience more with a **POST-TOUR EXTENSION to:**

The Peruvian Amazon

KEY HIGHLIGHTS

Lima • Sacred Valley of the Incas • Local Andean Cultures • Ollantaytambo Ruins • Home-Hosted Lunches • Machu Picchu • Cuzco • Lake Titicaca • Uros Floating Islands • Larco Museum



3-NIGHT PERUVIAN AMAZON EXTENSION

Complete your journey with a Peruvian Amazon Extension. Adventure further into the Amazon with a naturalist guide by your side. CALL FOR DETAILS

DOUBLE Starting from **£2779**

Land only, per person, double occupancy.

Prices based on 18 May 2019 departure

January - April 2019

(different itinerary - see note)

12, 19, 26 January

2, 16, 23 February

9, 16, 23, 30 March

6, 27 April

Itinerary featured is for

May 2019 - April 2020 tour

departures. Departures prior

to this date will vary. Please

confirm at time of reservation.

May 2019 - April 2020

(featured itinerary)

11, 18, 25 May

8, 23 June

24 August

7, 14, 21, 28 September

5, 12, 19 October

2, 9 November

11, 18 January

1, 8, 29 February

7, 14, 21, 28 March

18, 25 April

Visit thomascoktours.com for pricing details. Call about additional dates.

SOLO TRAVELLERS FROM £3479

COMBINE TWO TOURS INTO ONE ADVENTURE

Book another tour with Peru: Ancient Land of Mysteries and create one grand experience. CALL FOR DETAILS

This trip requires a passport. The internal flights on this programme are included in the land price of your tour. Each guest is responsible for proper documentation and inoculations that may be required and/or recommended to participate on this tour. Contact your local travel clinic or personal physician for specific details. In general, hotels outside of Lima are small with one or two levels and do not have elevators, which may require you to climb 10-15 steps to get to/from the room. Our air passengers will arrive into and depart from Lima. Airport transfers are available for purchase. On Day 11, a late checkout may be available at your last hotel, but it is not guaranteed.

THE COMPLETE SOUTH AMERICA

23 DAYS • 35 MEALS
FROM £5529

land only, per person, double occupancy



TOUR EXPERIENCES

- Learn centuries-old Andean textile methods at a living museum.
- Discover the majestic nature of Iguazu Falls.
- Embrace the art of tango at a live performance.

MUST-SEE INCLUSIONS

- Spend an afternoon exploring the fabled ruins of Machu Picchu.
- Behold the majestic Torres Del Paine National Park.
- Venture to Argentina's famous Perito Moreno Glacier.



IT'S YOUR CHOICE!

(Be sure to arrange before your trip departs)

DAY 2 | Discover Lima's history during a colonial tour through the historic city center **or** encounter the daily life of the Limeños during a walking tour through the fashionable Barranco and Miraflores districts.

DAY 16 | Enjoy a panoramic city tour of Buenos Aires **or** take a scenic walking tour and explore some of the city's most iconic neighbourhoods and landmarks.



Machu Picchu

Embark on an epic trip through South America, journeying from the fabled ruins of Machu Picchu to the mammoth Perito Moreno Glacier.

START EARLY

Lima: Travel south a day early with more time to explore this exceptional city.

[CALL FOR DETAILS.](#)

Day 1: Lima, Peru - Tour Begins

Welcome to Peru, one of the treasures of South America. The enduring cultures and breathtaking beauty of the Andes await. Travel through this intriguing land and visit some of the world's most legendary sites, including Machu Picchu, the "Lost City of the Incas." Arrive late this evening in Lima, the "City of Kings."

Day 2: Lima

Today, **it's your choice!** Discover Lima's fascinating history during a colonial tour through the historic city centre, a UNESCO World Heritage site. Admire the artwork at San Francisco Monastery and enter the catacombs; view the elegant Cathedral at Plaza de Armas and visit the Casa de Aliaga – former house of the conquistador Jeronimo de Aliaga y Ramirez – where the energy of colonial and republican

Lima comes to life **-OR-** choose to explore Lima's modern side. Visit the fashionable suburbs of Barranco and Miraflores for insight into the daily life of the Limeños during a walking tour; see the Park of Love, featuring unique sculptures and artwork, along with a stop at the Pyramid Huaca Pucllana; visit the Pedro de Osma Museum featuring Peruvian art from the fifth to the eighteenth century. This evening, get to know your fellow travellers during a welcome dinner of artfully crafted Peruvian dishes; you will quickly discover why Peru is consistently named the world's top food travel destination. (B, D)

Day 3: Lima - Cuzco - Sacred Valley of the Incas

Fly to Cuzco, in the heart of the Inca civilization. Journey through the Andes to the majestic Sacred Valley of the Incas, the agricultural centre of their grand empire. Learn the centuries-old methods of spinning, dyeing and weaving traditional textiles during a visit to Awana Kanca, a living museum of the Peruvian Andes. Stop in a Pisac village to browse the colourful

TOUR PACE

See page 48 for details.





windows as you ride through the Andes to the "Lost City of the Incas." Hidden by mountains and semi-tropical jungle, Machu Picchu is considered the most spectacular sight in South America. Spend the afternoon with your guide uncovering the mysteries of these majestic ruins. Tonight, stay at the base of Machu Picchu for a chance to further soak up its atmosphere. Enjoy a culinary demonstration before experiencing a tasting menu at your resort. (B, D)

Day 6: Machu Picchu - Cuzco

With leisure time this morning you may take an optional tour to return to Machu Picchu and view the sunrise or explore the local markets in Aguas Calientes on your own. Return by Vistadome train to the Sacred Valley. This evening you may join an optional home hosted meal experience with a local Cuzco family. (B)

Day 7: Cuzco

The morning is yours to relax or explore Cuzco on your own. Perhaps you'll choose to take an optional tour to San Blas to peruse its artisan shops, or delve further into Peruvian cuisine at an optional cooking class. This afternoon, join your local guide and travel above the city to discover the important sacred Incan ruins of Sacsayhuaman Fortress, followed by a visit to explore Cuzco's central market. Continue on a walking tour of the city, visiting Plaza de Armas, the Cuzco Cathedral and the Santo Domingo Convent. This evening you are treated to an authentic dinner highlighting local flavours in the heart of Cuzco. (B, D)

Day 8: Cuzco - Santiago, Chile

Say farewell to this mystical land of the Incas and fly south to cosmopolitan Santiago, Chile's vibrant capital city and cultural hub. (B)

Day 9: Santiago

Embark on a panoramic city tour featuring La Moneda Presidential Palace, Plaza de Armas, Santiago's Cathedral and many other Neoclassical buildings. Peruse the shops and interact with handcraft vendors on the Paseo Ahumada pedestrian avenue. Savour the freshness of the Mercado Central; Santiago's celebrated fresh fish market, which was listed by National Geographic as one of the Top 10 food markets in the world. Enjoy the remainder of your afternoon at leisure. Perhaps you'll visit the Museo Chileno de Arte Pre-Colombino, a museum dedicated to the study and display of pre-Columbian artwork and artefacts from Central and South America, or join an optional tour to a local winery for an educational winemaking tour followed by a tasting of the locally-produced wines. (B)

Day 10: Santiago - Punta Arenas - Puerto Natales

Leave Santiago behind and fly to the region of Patagonia, the southern portion of Chile and Argentina that is filled with natural wonders. Arrive in Punta Arenas, built along the Strait of Magellan. Take in the stunning scenery before heading to Puerto Natales, the stepping off point to Chile's Torres del Paine National Park. (B, D)

handicraft market. This evening, settle in at your hotel nestled in the heart of the Sacred Valley. (B, D)

Day 4: Sacred Valley of the Incas - Ollantaytambo - Sacred Valley of the Incas

This morning you visit the spectacular Ollantaytambo ruins, the only Incan settlement that has been continually inhabited since its inception. A uniquely terraced complex topped with carved stone panels, these ruins reflect ancient Incan architecture and heritage. Then, head to the Pablo Seminario Ceramic Studio where you'll get first-hand knowledge of this internationally-renowned artist's techniques and designs, inspired by ancient Peruvian cultures. Experience the lifestyle of the modern Andean people and delve into their culture when you travel to a nearby community and interact with the locals. You'll get a true taste of their daily life when participating in small group workshops that teach you traditional methods of growing, harvesting and weaving. Celebrate their culture as you learn their dances and listen to their musical instruments before enjoying a home-hosted farm-to-table lunch featuring local specialties. (B, L)

Day 5: Sacred Valley of the Incas - Machu Picchu

Climb aboard the Machu Picchu Vistadome train for breathtaking views through domed

KEY HIGHLIGHTS

- Lima • Sacred Valley of the Incas • Pisac Market • Ollantaytambo • Machu Picchu • Culinary Demonstration • Cuzco • Santiago • Patagonia • Torres Del Paine • Patagonian Estancia • Perito Moreno Glacier • Buenos Aires • Tango Show • Iguazu Falls • Rio de Janeiro • Christ the Redeemer Statue • Brazilian Churrascaria



Day 11: Puerto Natales - Torres del Paine - Puerto Natales

Today you'll venture into the UNESCO biosphere reserve – Torres del Paine National Park. Take in the panoramas of jagged mountains and emerald-blue lakes. Marvel at the cascading waterfalls and the flora & fauna that are unique to the area. You are sure to be awed at every turn when exploring what is known as one of South America's most incredible national parks. (B)

Day 12: Puerto Natales

Enjoy a day at leisure to explore the charming town of Puerto Natales. Or, you may join an optional full-day cruise through the Chilean Fjords, visiting the breathtaking Serrano and Balmaceda glaciers. As you pass through the Seno Ultima Esperanza – "Channel of Last Hope" – behold the pristine beauty of Bernardo O'Higgins National Park, Chile's largest natural reserve. This rugged landscape and unspoiled territory is a site you will never forget. (B)

Day 13: Puerto Natales - El Calafate, Argentina

Make your way from the Chilean side of Patagonia to El Calafate in Argentina, the gateway to Los Glaciares National Park.

CONTINUED ON NEXT PAGE...

THE COMPLETE SOUTH AMERICA

(CONTINUED)

23 DAYS · 35 MEALS
FROM £529

land only, per person, double occupancy



CULINARY INCLUSIONS

- 22 breakfasts • 3 lunches • 10 dinners
- Savour the slow-roasted meats of a traditional Brazilian *churrascaria*.
- Enjoy a welcome dinner featuring artfully-crafted Peruvian dishes in the foodie capital of Lima.
- Dine with gauchos at a Patagonian *estancia* while enjoying a dog show and sheep shearing demonstration.



ACCOMMODATION

Days 1, 2	El Pardo DoubleTree by Hilton, Lima
Days 3, 4	Casa Andina Premium, Sacred Valley
Day 5	Sumaq Machu Picchu Hotel, Aguas Calientes
Days 6, 7	Hilton Garden Inn, Cuzco
Days 8, 9	Hotel Plaza San Francisco, Santiago
Days 10 - 12	Hotel Costaustralis, Puerto Natales
Days 13, 14	Esplendor El Calafate Hotel, El Calafate
Days 15 - 17	The Brick Hotel MGallery Collection, Buenos Aires
Days 18, 19	Bourbon Cataratas Convention & Spa Resort, Iguazu Falls
Days 20 - 22	Sheraton Grand Rio Hotel & Resort, Rio de Janeiro

On some dates alternate hotels may be used.



...CONTINUED FROM PREVIOUS PAGE

En route, meet some local gauchos at a typical Patagonian *estancia*. Partake in a traditional lamb roast lunch and learn about the local culture. Then you are treated to a dog show and sheep shearing demonstration. Revel in the beauty of the landscape during your drive through the countryside before settling into your hotel, perfectly situated near downtown and featuring spectacular views of magnificent Lake Argentino. (B, L, D)

Day 14: El Calafate - Perito Moreno Glacier

Discover the jewel of Argentina's Patagonia - Perito Moreno Glacier in Los Glaciares National Park. This UNESCO site forms part of the Patagonian Continental Ice Field and is one of the few glaciers in the world still advancing. Gaze off the shoreline in search of floating icebergs as you listen to the sounds of crashing ice breaking off the massive glacier. (B, L)

Day 15: El Calafate - Buenos Aires

Board your flight to Buenos Aires, birthplace of the tango and the "Paris of South America." Stretching along the banks of the Rio de la Plata, the city is a mosaic of European-styled architecture and South American spirit. Tonight, head to Esquina Carlos Gardel, named after Argentina's most famous tango maestro, and savour Argentine cuisine and wine

before witnessing a stunning tango performance. (B, D)

Day 16: Buenos Aires

It's your choice! Join a panoramic city tour by bus of lively Buenos Aires featuring the famous Avenida 9 de Julio, Teatro Colón opera house, and the Metropolitan Cathedral. Make stops at the Plaza de Mayo, La Casa Rosada Presidential mansion, and the famous Recoleta Cemetery, resting place of Eva Peron; continue your city tour on the motorcoach with free time to explore colourful San Telmo, the oldest neighbourhood of the city and the birthplace of tango **-OR-** embark on a walking tour with a local guide highlighting the Recoleta and Palermo neighbourhoods; see the city's monuments, museums and architectural gems including embassy row; the largest Japanese garden outside of Japan; and the Decorative Art Museum, known as one of the city's most beautiful buildings. This afternoon explore the city at leisure or take the optional Tigre Delta trip where you'll pass by an array of historic mansions before boarding a cruise through the canals. (B)

Day 17: Buenos Aires

Today is yours to create your own adventure in Buenos Aires! Maybe you'll stroll through San Martin Park or Calle Florida, a shopper's paradise. (B)



Day 18: Buenos Aires - Iguazu Falls, Brazil

Fly to Iguazu Falls – located at the crossroads of Brazil, Argentina and Paraguay – hailed as the most beautiful waterfalls in the world and one of the Seven Natural Wonders of the World. Board the Rainforest Ecological Train inside the national park on the Argentine side and walk to the platform overlooking powerful Devil's Throat. Discover unparalleled views of five waterfalls as they plummet into the Iguazu River. Cross to the Brazilian side and check into your resort. Cap off your day with a relaxing dinner. (B, D)

Day 19: Iguazu Falls

Soak up the breathtaking views of the waterfalls from the Brazilian side. Join your local guide as you discover how Brazil and Argentina have fought to protect the beauty and raw power of the falls by making each side a national park. You will see firsthand why Eleanor Roosevelt, upon seeing Iguazu Falls, exclaimed "Poor Niagara." The afternoon is yours to relax and enjoy the many amenities at your resort or you may choose an optional jungle boat ride at the base of the falls. (B)

Day 20: Iguazu Falls - Rio de Janeiro

Fly to Rio de Janeiro. Magnificent views, beautiful beaches, flamboyant Carnival costumes, great cuisine and friendly people make Rio the cultural capital of Brazil. Venture to the top of Sugarloaf Mountain for breathtaking views. Check in to your beachfront hotel in the exclusive Leblon neighbourhood. Tonight, join your fellow travellers for an exciting dinner at Rio Scenarium, a lavishly decorated restaurant and music venue in the historic Lapa district. Meet local Cariocas (the name for people from Rio de Janeiro) for a night of dinner, music and dancing. (B, D)

Day 21: Rio de Janeiro

Journey to Corcovado by train to see Christ the Redeemer, one of the largest Art Deco statues in the world. Take in the panoramic vistas from Tijuca Forest National Park. With 360-degree views around the city, you'll soon realise why this statue is one of the new Seven Wonders of the World. Next, spend time with locals at one of the city's open-air markets. Break into small groups with market guides as you discover and taste over a dozen different types of exotic fruits from Brazil. This afternoon, step behind-the-scenes at Carnival and meet the artists who are designing the floats, costumes and dances during their year-round preparations for Rio's biggest event. This evening we gather to enjoy a panoramic city tour that includes a visit to the Metropolitan Cathedral with architecture that was inspired by a Mayan pyramid. Stop by the Maracanã football stadium, which hosted the 2014 World Cup finals, before continuing on to the Carnival parade route, the Sambadrome. (B)

Day 22: Rio de Janeiro

Your morning is at leisure to explore fabulous Rio de Janeiro on your own. Relax by the beach at your resort or take a shuttle to Copacabana. Or, perhaps you will join an optional tour to Rio de Janeiro's Tijuca Forest National Park: venture into the lush park by open-air jeep for a tour that truly showcases the spectacular rainforest around Rio de Janeiro before a visit to historic Santa Teresa. This evening, learn how to craft caipirinhas – Brazil's famous cocktail made with sugar cane liquor and lime. Then, cap the night off with a farewell feast in a typical Brazilian churrascaria. Indulge in wine and meats slow-roasted to perfection. (B, D)

Day 23: Rio de Janeiro - Tour Ends

As your tour comes to a close, transfer to the airport for your flight home. For guests with evening flights, you may choose an optional visit to the famous Botanical Gardens along with a historic walking tour of the waterfront district which underwent a fantastic transformation for the 2016 Olympics. (B)



TOUR EXTENSIONS

TOUR EXTENSIONS:

- **Peruvian Amazon: Begin your trip with a 3-night extension.** Explore the wonders of the Amazon with a naturalist guide by your side. CALL FOR DETAILS
- **Brazilian Amazon: Complete your trip with a 3-night extension.** Stand in awe of one of the world's seven natural wonders. CALL FOR DETAILS
- **Salvador de Bahia: Extend your trip with a 3-night extension.** Witness colonial architecture, a charming fishing village and a folklore performance. CALL FOR DETAILS

DOUBLE Starting from **£5529**

Land only, per person, double occupancy.

Prices based on 14 November 2019 departure

January - March 2019

(different itinerary - see note)

10 January
21, 28 February
7 March

Itinerary featured is for October

2019 - March 2020 tour

departures. Departures prior to this date will vary. Please confirm at time of reservation.

October 2019 - March 2020

(featured itinerary)

10, 17 October
14 November
9 January
27 February
12 March

Visit collette.com for pricing details. Call about additional dates.

SOLO TRAVELLERS FROM £7079

This trip requires a passport. UK passport holders do not require a visa to enter Brazil. However, passports must be valid for at least six months and a return ticket and proof of sufficient funds may be requested on arrival. An ESTA visa is required for all UK passport holders travelling to or via the USA, at your own expense. Please refer to the following website to purchase your visa: <https://esta.cbp.dhs.gov/esta/>. Our air passengers will arrive into Lima and depart from Rio de Janeiro. Airport transfers are available for purchase. In general, hotels outside of Lima are small with one or two levels and do not have elevators, which may require you to climb 10-15 steps to get to/from the room. Wheelchairs and walkers cannot be accommodated on this tour. Due to flight schedules, a pre/post night may be required in some gateway cities (at an additional cost). Please enquire at time of reservation. Complete passport information is required 60 days prior to departure to book train tickets to Machu Picchu. If passport information is incomplete or inaccurate within 60 days, there is a strong possibility that we will be unable to confirm you on the same travel schedule as the rest of your group. You will be subject to any additional charges incurred from failing to provide passport information within the designated time frame. Due to potentially early flight departures, boxed breakfasts may be provided by the hotels. **The internal flights on this programme are included in the land price.** This tour may require a certificate of Yellow Fever inoculation especially if you have travelled to Peru prior to Brazil. These fees are at your own expense. Each guest is responsible for proper documentation and inoculations that may be required and/or recommended to participate on this tour. Please contact your local travel clinic or personal doctor for specific details.

HIGHLIGHTS OF SOUTH AMERICA

9 DAYS · 13 MEALS
FROM £2559

land only, per person, double occupancy



TOUR EXPERIENCES

- Move to the passionate rhythms of tango during a stunning performance.
- Step behind-the-scenes at Carnival and meet the artists who are designing the floats, costumes and dances for Rio's biggest event.

MUST-SEE INCLUSIONS

- Visit Corcovado and the mighty Christ the Redeemer statue overlooking Rio de Janeiro.
- Behold the Argentine and Brazilian sides of Iguazu Falls.
- Venture to the top of Sugarloaf Mountain.



IT'S YOUR CHOICE!

(Be sure to arrange before trip departure)

- Day 2** | In Buenos Aires, experience the lively capital with a local guide either by bus **or** on a walking tour.
- Day 3** | In San Antonio de Areco, go horseback riding through the countryside **or** take a scenic horse-drawn carriage ride.



CULINARY INCLUSIONS

- **8 breakfasts - 1 lunch - 4 dinners**
- Dine on a traditional Argentinian barbecue (*asado*) at a countryside estancia.
- Learn how to craft *caipirinhas* - a Brazilian cocktail with sugar cane liquor and lime.
- Dine in a typical Brazilian *churrascaria*.



ACCOMMODATION

- Day 1** Overnight Flight
- Days 2 - 4** The Brick Hotel MGallery Collection, Buenos Aires
- Days 5, 6** Bourbon Cataratas Convention & Spa Resort, Foz do Iguazu
- Day 7 - 9** Sheraton Grand Rio Hotel & Resort, Rio de Janeiro

On some dates alternate hotels may be used.

TOUR PACE

See page 48 for details.



Christ the Redeemer, Rio de Janeiro

Savour South America as you journey from Argentina's lively Buenos Aires to Brazil's beautiful Iguazu Falls and marvellous Rio de Janeiro.

START EARLY

Buenos Aires: Experience your first evening taking in this lively capital city.
[CALL FOR DETAILS.](#)

Day 1: Buenos Aires, Argentina - Tour Begins

Welcome to Buenos Aires. Stretching along the banks of the Rio de la Plata, the "Paris of South America" is a mosaic of European-styled architecture and South American spirit. Meet your fellow travellers and enjoy a cocktail reception at your beautiful hotel located in the heart of the chic Recoleta neighbourhood. Tonight, head to the Esquina Carlos Gardel Tango House, named after Argentina's most famous tango maestro, and savour Argentine cuisine and wine before witnessing a stunning tango performance. (D)

Day 2: Buenos Aires

It's your choice! Join a panoramic city tour by bus of lively Buenos Aires featuring the famous Avenida 9 de Julio, Teatro Colon opera house, and the Metropolitan Cathedral. Make stops at the Plaza de Mayo, La Casa Rosada Presidential mansion, and the famous Recoleta Cemetery, resting place of Eva Peron;

continue your city tour on the motorcoach with free time to explore colourful San Telmo, the oldest neighbourhood of the city and the birthplace of tango **-OR-** embark on a walking tour with a local guide highlighting the Recoleta and Palermo neighbourhoods; see the city's architectural gems, monuments and museums including embassy row, the largest Japanese garden outside of Japan, and the Decorative Art Museum, which is known as one of the city's most beautiful buildings. The remainder of the day is yours to create your own adventure. Maybe you'll stroll through San Martin Park or Calle de Florida, a shopper's paradise; or take the optional Tigre y Delta trip where you'll pass by an array of historic mansions before boarding a cruise through the canals. (B)

Day 3: Buenos Aires - San Antonio de Areco - Buenos Aires

This morning we cross the Argentine Pampas, the nation's version of the "wild west" Embark on a guided tour of the charming country village of San Antonio de Areco, the birthplace of gaucho traditions. Head to a typical *estancia* where you'll dine on a hearty *asado* lunch - a traditional Argentine barbecue. While on the ranch, **it's your choice!** Go horseback riding through the countryside **-OR-** take a scenic



choose an optional jungle boat ride at the base of the falls. (B)

Day 6: Iguazu Falls - Rio de Janeiro

Fly to Rio de Janeiro. Magnificent views, beautiful beaches, flamboyant Carnival costumes, great cuisine and friendly people make Rio the cultural capital of Brazil. Venture to the top of Sugarloaf Mountain for breathtaking views. Check into your beachfront hotel in the exclusive Leblon neighbourhood. Then, cap the night off at Rio Scenarium, a lavishly decorated restaurant and music venue in the historic Lapa district. Meet local *Cariocas* (the name for people from Rio de Janeiro) for a night of dinner, music and dancing. (B, D)

Day 7: Rio de Janeiro

Journey to Corcovado by train to see Christ the Redeemer, one of the largest Art Deco statues in the world. Take in the panoramic vistas from Tijuca Forest National Park and 360-degree views around the city. Then spend time with locals at one of the city's open-air markets. Break into small groups with market guides as you discover and taste over a dozen different types of exotic fruits from Brazil. Your afternoon is at leisure. Relax by the beach or perhaps take an optional jeep ride through the Tijuca forest followed by a visit to historic Santa Teresa. (B)

Day 8: Rio de Janeiro

This morning, step behind-the-scenes of Carnival and meet the artists who are designing the floats, costumes and dances during their year-round preparations for Rio's biggest event. Later we gather to enjoy a panoramic city tour that includes a visit to the Metropolitan Cathedral with architecture that was inspired by a Mayan pyramid. Stop by the Maracanã football stadium, which hosted the 2014 World Cup finals, before continuing on to the Carnival parade route, the Sambadrome. Learn how to craft *caipirinhas* – Brazil's famous cocktail made with sugar cane liquor and lime. Tonight, join your fellow travellers for a farewell feast in a typical Brazilian *churrascaria*. Indulge in wine and meats slow-roasted to perfection. (B, D)

Day 9: Rio de Janeiro - Tour Ends

Your tour ends this morning. For guests with evening flights, you may choose an optional visit to the famous Botanical Gardens, along with a historic walking tour of the waterfront district which underwent a fantastic transformation for the 2016 Olympics. (B)

STAY LONGER

Rio de Janeiro: Spend your final evening absorbing the wonders of this vibrant city. [CALL FOR DETAILS.](#)

Day 4: Buenos Aires - Iguazu Falls, Brazil

Fly to Iguazu Falls – located at the crossroads of Brazil, Argentina and Paraguay – hailed as the most beautiful waterfalls in the world and one of the Seven Natural Wonders of the World. Board the Rainforest Ecological Train inside the national park on the Argentine side and walk to the platform overlooking powerful Devil's Throat. Discover unparalleled views of five waterfalls as they plummet into the Iguazu River. Cross to the Brazilian side and check into your resort. Cap off your day with a relaxing dinner. (B, D)

Day 5: Iguazu Falls

Soak up the breathtaking views of the waterfalls from the Brazilian side. Join your local guide as you discover how Brazil and Argentina have both fought to protect the beauty and raw power of the falls by making each side a national park. You will see first-hand why Eleanor Roosevelt, upon seeing Iguazu Falls, exclaimed "Poor Niagara." The afternoon is yours to relax and enjoy the many amenities at your resort or you may

horse-drawn carriage ride. Meet authentic gauchos who will share stories about what life is like in the countryside. You'll get the chance to relax on the estancia grounds before heading back to Buenos Aires for a free evening. (B, L)

KEY HIGHLIGHTS

Buenos Aires • Tango Show • Estancia Barbecue • Iguazu Falls • Rio de Janeiro • Sugarloaf Mountain • Christ the Redeemer • *Churrascaria* Dinner



- **Extend your trip with a 3-night extension and spend your days exploring the Brazilian Amazon**, taking in a multitude of natural wonders. [CALL FOR DETAILS](#)
- **Extend your trip with a 3-night extension in Salvador de Bahia** and discover colonial architecture, a charming fishing village and a folklore performance. [CALL FOR DETAILS](#)

DOUBLE Starting from £2559

Land only, per person, double occupancy.

Prices based on 20 May 2019 departure.

January - April 2019
(different itinerary - see note)
7, 21, 28 January
4, 11 February
4, 18 March
1 April

Itinerary featured is for January - April 2019 tour departures. Departures prior to this date will vary.

Please confirm at time of reservation.

May 2019 - April 2020
(featured itinerary)
20 May
23 September
14 October
11 November
20 January

10 February
16 March
27 April

Visit thomascooktours.com for pricing details. Call about additional dates.

SOLO TRAVELLERS FROM £3159

This trip requires a passport and visa. This tour may require a certificate of Yellow Fever inoculation when applying for your Brazilian visa, especially if you have traveled to Peru prior to Brazil. These fees are at your own expense. Rates are approximate and can be changed at any time based on governing authority. Due to flight schedules, a pre/post night may be required in some gateway cities (at an additional cost). Please enquire at time of reservation. Each guest is responsible for proper documentation and inoculations that may be required and/or recommended to participate on this tour. Please contact your local travel clinic or personal physician for specific details on the destinations you are travelling to and from. Rates include the internal flights on tour. Our air passengers will arrive into Buenos Aires and depart from Rio de Janeiro. Airport transfers are available for purchase.

ALSO AVAILABLE

Highlights of South America featuring Chile to Argentina Lake Crossing | 15 days • 20 meals | Double starting at £3379

South America beckons. Discover Rio de Janeiro, the thundering Iguazu Falls, dynamic Buenos Aires and the beautiful Andean Lakes.

July 2019 - March 2020

4 July, 27 August, 10 September, 3 December, 28 January, 22 March

Visit thomascooktours.com for pricing details. Rates are land only, per person, double occupancy.

JOURNEY TO ANTARCTICA: THE WHITE CONTINENT

13 DAYS • 34 MEALS

FROM £11529

land only, per person, double occupancy



TOUR EXPERIENCES

- Discover multitudes of Antarctic wildlife including seals, whales, albatross and Chinstrap, Gentoo and Adelie penguins.
- Enjoy nearly 24 hours of sunlight as you absorb your surroundings ashore and from the expedition ship's many observatory decks.

MUST-SEE INCLUSIONS

- Enjoy a tour of Buenos Aires, the "Paris of South America."
- Cruise through the waters of Antarctica on a fully stabilised polar expedition ship.
- Cross the Drake Passage, a milestone for any adventurer!



CULINARY INCLUSIONS

- 12 breakfasts • 12 lunches • 10 dinners
- Savour fresh and varied meals aboard the expedition ship while admiring the scenery around you.



ACCOMMODATION

Day 1 Alvear Art Hotel, Buenos Aires

Days 2 - 11 *National Geographic Explorer*

Day 12 Alvear Art Hotel, Buenos Aires

On some dates alternate hotels may be used.



Venture to the bottom of the world and discover the wonders of Buenos Aires, Ushuaia and magnificent Antarctica.

Day 1: Buenos Aires, Argentina - Tour Begins

In association with Lindblad Expeditions and *National Geographic*, we proudly offer an active, immersive adventure exploring Antarctica in an authentic expedition style. See more of the legendary landscapes and habitats – encounter iconic penguins, leopard seals, and marine mammals; kayak among icebergs and Zodiac cruise past resting leopard seals; and hike on the continent with the best ice team on Earth. Through the efforts of an undersea specialist, you will also experience the seldom-seen Antarctic undersea. Today, you arrive in cosmopolitan Buenos Aires, birthplace of the tango and the "Paris of South America." Stretching along the banks of the Rio de la Plata, the city is a mosaic of European-style architecture and South American spirit. This afternoon, enjoy a panoramic city tour highlighting its Beaux-Arts palaces, grand boulevards, and the famous balcony forever associated with Eva Peron. In the early evening, gather for an informal reception at the hotel. (L)

Day 2: Fly to Ushuaia - Embark Ship - At Sea

This morning we fly over Patagonia before landing in Ushuaia, the southernmost city in the world, surrounded by spectacular

mountain scenery. Enjoy lunch while cruising the Beagle Channel. Later, embark the *National Geographic Explorer*, an authentic expedition ship uniquely equipped with an ice-strengthened hull and advanced navigation equipment for polar expeditions. With just 81 cabins and a maximum capacity of 148 passengers, the spacious and modern *Explorer* offers a roster of tools for exploration and a variety of public areas that offer astounding views of the passing landscape. In the ship's spacious lounge you will have informative presentations and a nightly recap of the day's activities. (B, L, D)

Day 3: The Drake Passage - At Sea

Cruise south through the fabled Drake Passage, named after the explorer Sir Francis Drake. Set between Cape Horn and the Antarctic Peninsula, a crossing of the legendary Drake Passage is unforgettable - a milestone in any adventurer's personal travel history. Warmer waters of the north meet the colder, denser waters of the south here in the Antarctic Convergence, making the area rich in marine life. (B, L, D)

Day 4: Antarctica

The next six days are filled with discovering Antarctica, the last great wilderness stretching across ice-covered desert and

TOUR PACE

See page 48 for details.





National Geographic
©Lindblad Expeditions/Michael Nolan



Buenos Aires



National Geographic Lounge ©Lindblad Expeditions
Sisse Brimberg & Cotton Coulson

KEY HIGHLIGHTS

Buenos Aires • Ushuaia • The Drake Passage • Authentic Expedition Ship • Zodiac Forays • Penguin Colony Close-Ups • Summit Hike • Kayak Excursions • Photography Guidance • On Board Information Sessions



Kayaking ©Lindblad Expeditions/Ralph Lee Hopkins

mountains for over five million square miles. The ethereal beauty and immense scale of the continent is like nowhere else on the planet. (B, L, D)

Day 5: Antarctica

The voyage keeps a flexible schedule (daily activities are contingent on weather conditions) to take advantage of the unexpected. With nearly 24 hours of daylight, make the most of your days with daily explorations. (B, L, D)

Day 6: Antarctica

You may take a Zodiac foray amongst towering icebergs under a bright sun, walk along the shoreline amid a huge penguin colony, hike to a summit for a breathtaking view, or kayak along a cliff-side rookery in search of blue-eyed shags. (B, L, D)

Day 7: Antarctica

Today you could have the thrill of watching the ship crunch through the packed ice or step ashore to the cries of thousands of Gentoo penguins. (B, L, D)

Day 8: Antarctica

Learn from the experts how to identify different penguin species and get photo tips from a National Geographic photographer while watching those same penguins. (B, L, D)

Day 9: Antarctica

Onboard, the undersea specialist may present video from that day's dive with rare images taken up to 1,000 feet below the surface. The expert staff will craft an expedition where you will learn more, see more and experience more. (B, L, D)

Day 10: At Sea

Leave Antarctica and sail back to Ushuaia, crossing the southern waters of the Drake Passage. The ship's spotters will keep an eye out for marine life, albatross and seabirds that cross the ship's bow. (B, L, D)

Day 11: At Sea

You may want to enjoy a wellness treatment, spend time in the gym, catch up on the book you haven't had a minute to read, or participate in on board discussions reflecting on all you have seen and learned. (B, L, D)

Day 12: Ushuaia - Disembark Ship - Fly to Buenos Aires

After breakfast, disembark in Ushuaia with time for independent exploration before proceeding to the airport for your flight to Buenos Aires for an overnight stay. (B, L)

Day 13: Buenos Aires - Tour Ends

Your tour ends today. (B)

DOUBLE Starting from **£11529**

Land only, per person, double occupancy.

Prices based on 28 November 2019 departure

January - February 2019

16, 26 January
5 February

Itinerary featured is for November 2019 - February 2020 tour departures. Departures prior to this date will vary. Please confirm at time of reservation.

Nov. 2019 - Feb 2020

28 November
8 December
17 January
6 February

Staterooms (starting at)

	Double	Single
Inside Cabin Category 1	£11529	£15279
Inside Cabin Category 2	£12314	£16064
Outside Cabin Category 3	£12639	£16389
Outside & Veranda Category 4	£13529	£17279

Visit thomascooktours.com for pricing details.

Call about additional dates.

SOLO TRAVELLERS FROM £15279

This trip requires a passport. The Ushuaia airport departure tax, park fees and permits are included in the cost of your tour. Onboard gratuities and alcohol (except super-premium brands) are included in the price of your tour. Special clothing is required for shore landings; please refer to your pre-departure documents for important details. Guests will receive a complimentary parka for use during landings; rubber boots can be purchased or rented through ship-to-shore at your own expense. Transfers to/from the ship are by small Zodiac boats. Landings are either "dry" or "wet" and you might have to wade ashore in shallow water. In some cases, the terrain can be a little strenuous. We will make every effort to accommodate your cabin category preference at the time of booking. If your preferred category is not available, the next closest category available will be offered and a surcharge may apply. In accordance with IAATO and Lindblad Expeditions, all guests travelling to Antarctica must complete a confidential medical declaration form, signed by a doctor, stating that they are fit to travel. This form will be sent to guests well in advance. The form must be completely filled out and returned to our office 120 days prior to your tour's departure. Boarding may be denied if this form is not returned to us. Prior to full payment for the program, the cruise line reserves the right to impose a supplemental fuel charge. Should this occur, you will be notified of the additional charges. This tour is operated by Lindblad Expeditions and will have Lindblad representatives accompanying you throughout the program. This program is not exclusive and a Tour Manager will not be accompanying you. Upon your return to Buenos Aires, a representative will not be accompanying you, but will be available at an off-site location. The internal flights are included in the tour cost. Our air passengers will arrive into and depart from Buenos Aires. Airport transfers are available for purchase.



EXPLORATIONS

spark

YOUR SENSE OF WANDER

This is your time to head off the well-known path and appreciate all the extraordinary moments held in the everyday. It's time to wander, to wonder, and to awaken your soul. **It's time to experience small group travel, reinvented.**

OPERATED BY
THOMAS COOK TOURS



THE NEW EXPLORATIONS EXPERIENCE

What You'll Do *unique* experiences

It's often said that experience is the best teacher and we couldn't agree more. Experiences help educate us as travellers about cultures, traditions, and the human spirit. It's why we take the time to include truly exceptional experiences on Explorations. Some experiences are active and even a little adventurous, some are designed to reveal the heart of a culture, and some may even have the power to change your life.

Hard to replicate, and impossible to forget, these experiences will help shape your understanding of a destination, and shape your vision of the world.



Small Group Travel *reinvented*

You'll share the road, a few meals, and a variety of special moments with a small, tight-knit group averaging about 15 people. You won't be one of the crowd with Explorations, you'll be an integral part of a cultural expedition. Every Explorations traveller is unique, but you all share a similar agenda—to travel and connect to the world in a more authentic way.





Where You'll Stay *authentic* surroundings

Explorations includes a variety of unique places to rest up and rejuvenate during your travels. Each hotel (4-star and above) is carefully chosen to ensure that your exploration never stops, even while you're relaxing after a full day, or lingering over a morning coffee. Whether it's the history, the view, the location, or the amenities, your hotels will capture the spirit of your destination.

These are but a few of the types of places you can expect to stay with Explorations. Visit [explorations.com](https://www.explorations.com) to see specific hotel details for your trip.



Feel the Freedom to *explore*

No one has travelled the same path as you. And no one will experience the world just as you do. While there's no "one size fits all" travel experience, the travel experiences we craft include a good balance of unique, hard-to-replicate experiences, cultural connections, and plenty of opportunities for "you" time.



What's on the Menu *culinary* adventures

Local cuisine is so much more than taste and texture. It's about the experience and ambiance served up alongside a mouthwatering meal.

Explorations seeks to delight the entire palate, creating an unforgettable and delicious epicurean adventure. From home-hosted meals to hands-on cooking classes, intimate local restaurants to street food tours, you will savour the many local flavours your destination has to offer.



Red-Eyed Tree Frog

COSTA RICA: A WORLD OF NATURE

By land and by sea, thrilling journeys await as you seek out to discover the essence of Pura Vida. Pull back the curtain of the rainforest and step inside to experience life unfiltered. This is where the wild things are.

FROM £2149* DAYS 12 MEALS 23

**Price based on 20 October, 2019 departure. Per person, double, land only.*

Where You'll Stay

San José 1 Night

Doubletree by Hilton Cariari Hotel

Tortuguero 2 Nights

Evergreen Lodge

Sarapiquí 2 Nights

Selva Verde Eco-Lodge & Rainforest Reserve

Arenal 3 Nights

Hotel Arenal Springs

Manuel Antonio 2 Nights

Parador Resort and Spa

San José 1 Night

Doubletree by Hilton Cariari Hotel

On some dates alternate hotels may be used.

Included Meals

11 Breakfasts

4 Lunches

8 Dinners

Activity Level

1 2 3 4 5

Active

See pg. 48 for details on our activity levels.



COSTA RICA: A WORLD OF NATURE

3 EXPERIENCES

beyond expectation

1 CHOOSE YOUR OWN ADVENTURE

When in the birthplace of zip lining, you zip line! Experience Costa Rica's thrilling landscapes from above as you glide over lush green canopies.

-OR- Make your way across lava fields for an up-close-and-personal look at Arenal Volcano on a moderate hike along the trails.

>> EXPERIENCE THIS ON DAY 7 IN ARENAL.



2 BECOME ONE WITH NATURE

From a jungle oasis in Tortuguero, to the remote wonders of Manuel Antonio National Park, nature is truly all around you. Enjoy two nights in each locale, where you can seek out the elusive green macaw and let monkeys be your alarm clock in Tortuguero, and enjoy free time in Manuel Antonio to hike or go for a swim in turquoise waters.

>> EXPERIENCE THIS ON DAYS 2-3 AND 9-10 IN TORTUGUERO AND MANUEL ANTONIO.



3 TAKE A FLOAT ON THE WILD SIDE



Get up close with crocodiles as you head down the Tárcoles River on an exhilarating jungle safari. Float along beneath the towering jungle, looking just below the water's surface for a glimpse of these incredible creatures that heavily populate this section of the river.

>> EXPERIENCE THIS ON DAY 9 IN TÁRCOLES.

WHAT YOU'LL DO

DAYS 1-3 SAN JOSÉ • TORTUGUERO

Welcome to the Jungle

- Start your journey in Costa Rica's culture hub, the capital of San José.
- Venture to Tortuguero National Park, where you'll stay two nights amongst the wildlife.
- Visit the world's first green turtle research station.
- Embark on a nature cruise through Tortuguero for a peek behind the rainforest's lush green walls.

DAYS 4-5 SARAPIQUÍ

Savour the Fruits of Sarapiquí

- Cut through the mists of the rainforest as you travel from Tortuguero to Sarapiquí.
- Indulge in a taste of Costa Rica's finest fruits with visits to organic pineapple and cacao plantations.
- See the Sarapiquí region from a different perspective on a rafting trip along the river that's a perfect balance of excitement and relaxation.
- Before you set off for Arenal, enjoy an early morning bird-watching excursion.

DAYS 6-8 ARENAL

Awaken Your Sense of Adventure in Arenal

- Suspended over the rainforest floor, take in a birds-eye view of the jungle on a guided tour of Arenal's famous hanging bridges.
- **Y IT'S YOUR CHOICE!** Zip line over lush green canopies **OR** take a moderate hike past Arenal's lava fields.
- Roll up your sleeves for a hands-on cooking demonstration; then savour the local flavours of Costa Rica during a traditional dinner.
- Enjoy a full day at leisure to wander the grounds of your resort, soak in the famous hot springs, or set off on an optional excursion.

DAYS 9-12 MANUEL ANTONIO • SAN JOSÉ

Get in Touch with Nature at Manuel Antonio

- Witness colourful birds, hike rugged rainforests, and enjoy pristine beaches prime for swimming and snorkeling in Manuel Antonio National Park.
- Get up close with crocodiles as you head down the Tárcoles River on an exhilarating jungle safari.
- Wake up and smell the coffee at a local farm that produces some of Costa Rica's well-known beans.
- Return to San José and recount your memories and special moments as you bid farewell to Costa Rica and your fellow explorers.



Visit [ThomasCookTours.com/explorations](https://www.thomascooktours.com/explorations) for complete tour details.

MACHU PICCHU & THE GALÁPAGOS ISLANDS

3 EXPERIENCES

beyond expectation



Machu Picchu, Peru

MACHU PICCHU & THE GALÁPAGOS ISLANDS

Uncover mysteries that dwell among the wonders, ruins, and unspoiled lands of South America. From the “Lost City of the Incas” to the mysteries of the Galápagos Islands, you’ll delve deep into ancient cultures, then dive deeper into the wonders of nature.

FROM £6334* DAYS 15 MEALS 30

*Price based on 29 October, 2019 departure. Per person, double, land only.
Rates include park fees and internal flights on tour.



Where You'll Stay

Lima 2 Nights

Casa Andina Premium Miraflores

Sacred Valley 2 Nights

Casa Andina Premium Sacred Valley

Aguas Calientes 1 Night

Sumaq Machu Picchu Hotel

Cuzco 2 Nights

Casa Andina Premium

Quito 2 Nights

Mercure Grand Hotel Alameda

Galápagos Islands 4 Nights

m/v Galápagos Legend

Quito 1 Night

Mercure Grand Hotel Alameda

On some dates alternate hotels may be used.

Included Meals

14 Breakfasts

6 Lunches

10 Dinners

Activity Level

1 2 3 4 5

Active

See pg. 48 for details on our activity levels.

SOUTH AMERICA



2 SPEND A LEISURELY MORNING AT THE FOOT OF RUINS

For some, visiting Machu Picchu once is not enough. This is why we give you a morning of leisure during your stay there. Whether you take an optional excursion to see the ruins at sunrise, or wander through the local markets of Aguas Calientes for a taste of Andean culture, you'll soak up every bit of this iconic site.

>> EXPERIENCE THIS ON DAY 6 IN MACHU PICCHU.





3 TRY YOUR HAND AT MAKING WORLD-RENOWNED CUISINE

Peru's cuisine consistently ranks high amongst the world's foodies. Discover why during an interactive cooking class. Hone your skills as you craft signature Peruvian starters like ceviche and pisco sours, then delight in more of the region's specialties over dinner.

>> EXPERIENCE THIS ON DAY 3 IN SACRED VALLEY.

1 EMBARK ON A NATURE CRUISE OF A LIFETIME

With wildlife that seems anything but wild and landscapes that are anything but tame, the Galápagos Islands aren't just a destination, it's an experience that will be forever seared into your memory. Accompanied by a naturalist guide for expert exploration, your 4-night cruise will be simply unforgettable.

>> EXPERIENCE THIS DAYS 10-13 IN THE GALÁPAGOS ISLANDS.



WHAT YOU'LL DO

DAYS 1-4 LIMA • SACRED VALLEY

Get a Taste of Authentic Peru

- Uncover Lima's historic past on a city tour, followed by a trip to a former home of a conquistador.
- Kick up your heels during a private salsa class.
- Learn centuries-old methods of creating traditional textiles at Awana Kancha and stroll through Pisac's local handicraft market.
- Visit the ruins of Ollantaytambo.
- Learn of the thriving culture of the Andean people during a farm-to-table lunch.

DAYS 5-7 AGUAS CALIENTES • CUZCO

Reach the Peak of Incan Culture

- Uncover the mysteries of Machu Picchu, the "Lost City of the Incas."
- Witness an exclusive culinary demonstration and savour an eclectic tasting.
- Enjoy a morning of leisure at the foot of Machu Picchu, where you may choose an optional excursion to see the ruins again at sunrise, or wander through the local village for a taste of Andean culture.
- Immerse yourself in Peru's heart and soul during a special community dining experience.

Y IT'S YOUR CHOICE in the former Incan capital of Cuzco. Head out on a comprehensive city tour **OR** walk the artisan neighbourhood of San Blas.

DAYS 8-9 QUITO

Check Out Quito's Colonial Charm

- Meet some of the children thriving at the Children International community centre, supported by the Collette Foundation.
- Tour the Presidential Palace.
- Stand at the "Middle of the World" at the Equatorial Line Monument and Museum.
- Take some free time to explore the city on your own.

DAYS 10-13 GALÁPAGOS ISLANDS

Become One with Nature in the Galápagos Islands

- Embark on a 4-night cruise in the company of a naturalist guide.
- Get an up-close look at the endangered tortoises at the Cerro Colorado Tortoise Reserve.
- Sail to Española Island in Gardner Bay aboard a panga.
- Swim and snorkel with manta rays and white-tipped sharks.
- Hike the volcanic terrain of Suarez Point.
- Stand before giant tortoises, the stars of the Charles Darwin Research Station.
- Walk inside dormant lava tubes for a peek into how these primordial islands formed.
- Enjoy time on your own to explore Port Ayora.

DAYS 14-15 QUITO

Celebrate Your Journey in Quito

- Take an evening city tour of colonial Quito.
- Feast in a historical restaurant and toast to your memorable journey.

Visit [ThomasCookTours.com/explorations](https://www.thomascooktours.com/explorations) for complete tour details.



Cartagena

EXPERIENCE COLOMBIA

Colombia's pulse beats strong with a red-hot culture steeped in history, art, and tradition. Thriving cities, remote jungles, and warm, welcoming people await you in this multi-faceted jewel of South America.

FROM £2164* DAYS 10 MEALS 14

*Price based on 10 June, 2019 departure. Per person, double, land only.

Rates include internal flights on tour.

Where You'll Stay

Bogotá 2 Nights

Movich Chicó 97

Pereira Coffee Region 2 Nights

San Carlos Lodge

Medellín 2 Nights

Hotel Park 10

Cartagena 3 Nights

Hyatt Regency

On some dates alternate hotels may be used.

Included Meals

9 Breakfasts

1 Lunch

4 Dinners

Activity Level

1 2 3 4 5

Active

See pg. 48 for details on our activity levels.

SOUTH AMERICA



EXPERIENCE COLOMBIA

3 EXPERIENCES

beyond expectation



1 ADVENTURE IS BREWING IN COCORA VALLEY

Feel the wind in your hair and spy vivid green as far as you can see as you ride through Cocora Valley in equipped 4x4 jeeps known as "Willys." Afterward, choose your next adventure. Hike the valley with a guide, pausing to look up at the sky-high wax palms or travel on horseback to see the valley through the eyes of a Colombian farmer.

>> EXPERIENCE THIS ON DAY 4 IN COCORA VALLEY.

3 GET A TASTE OF LOCAL LIFE

A happy overload of exotic fruit, vegetables, meat, fish, herbs, and flowers, Paloquemao Market is a haven for foodies. Stroll the market's rainbow displays while your guide dishes out some favourite samples. A bit off the well-worn path, you won't find the stalls clogged with tourists, but teeming with locals and thriving with an intoxicating energy.

>> EXPERIENCE THIS ON DAY 2 IN BOGOTÁ.





2 SEE A NEIGHBOURHOOD TRANSFORMED BY ART

Comuna 13, once Colombia's most notorious neighbourhood, is a barrio reborn. Meet up with a neighbourhood resident and walk the streets, vibrant with bold murals and stunning graffiti art, to learn of Comuna 13's past, present, and promising future.

>> EXPERIENCE THIS ON DAY 6 IN MEDELLÍN.



WHAT YOU'LL DO

DAYS 1-2 BOGOTÁ

Feel the Beat of Bogotá

- Get to know the city on a lively walking tour.
- Explore the artifacts at Museo del Oro.
- Stroll Paloquemao Market's rainbow displays while your guide dishes out some favourite samples.

DAYS 3-4 PEREIRA COFFEE REGION

Breathe in the Coffee Region's Splendour

- Learn about the coffee-making process and sample the perks of the region, bean to cup.
- Experience the majesty of the Cocora Valley aboard equipped 4x4 jeeps known as "Willys."
- Enjoy a locally sourced picnic lunch.
- Explore Salento on your own, discovering quaint streets, local artisans, and *paisa* architecture.

DAYS 5-7 MEDELLÍN

Behold Medellín's Vibrant Spirit

- Dine with the locals in the city of Medellín and indulge in a specially cultivated tasting menu.
- Join a local resident for a poignant walking tour through the vibrantly muralled neighbourhood of Comuna 13.
- Meet with a *silleteiro* and learn firsthand what a "day in the life" of a flower farmer is like.

DAYS 8-10 CARTAGENA

Step in to Cartagena's Culture

- Take in the history and lively energy of Cartagena during a tour of this stunning Caribbean city.
- Enjoy a full day to explore Cartagena at your leisure.

Visit

[ThomasCookTours.com/explorations](https://www.thomascoktours.com/explorations)
for complete tour details.

USEFUL HOLIDAY INFORMATION

Please read carefully through the following information before booking your Thomas Cook Tours holiday. When you book, you will be asked if you have read and understood this section, as well as our Booking Conditions.

FELLOW TRAVELLERS

Your fellow travellers will come from a wide range of locations and backgrounds. However, because we only offer English-speaking trips, the majority will be from the USA, UK, Canada and Australia.

GROUP SIZE

Our group size ranges from between 10 to 44 people, depending on your chosen style of tour. The approximate maximum number on each tour is detailed on each tour page, although we rarely have groups that are smaller than six or seven people.

INCLUSIVE TOURING

Inclusive Touring with Thomas Cook Tours means that we provide you with the peace of mind of knowing that all of the essential elements of your holiday are carefully looked after by us. We include the following with every escorted tour package booked with us, and the full details can be found on each page within the brochure and online.

- ✓ Transportation via coach, mini bus
- ✓ Quality accommodation in carefully selected locations
- ✓ Most meals as detailed
- ✓ Included sightseeing as detailed
- ✓ Admission charges as detailed
- ✓ Porterage as detailed

YOUR FLIGHTS

When you have selected your chosen itinerary, we will find the best priced flight available to meet your holiday requirements. When you book your flight with us, you will receive a complimentary private door to door airport transfer, arrival and departure transfers within your chosen holiday destination and your holiday will be fully bonded through our ATOL bonding.

When purchasing flights from Thomas Cook Tours you must ensure that the name as submitted matches the name on your passport. Please notify Thomas Cook Tours, your travel agent or your group leader immediately in the event of any discrepancy.

PRIVATE UK AIRPORT TRANSFERS

Thomas Cook Tours includes a private airport transfer on all bookings when a flight is booked with us. The complimentary service is for distances of up to 150 miles from the point of collection to the departure airport. A supplement is payable for distances over 150 miles. Mileage is calculated using Google Maps. The service is offered per booking in the mainland UK and Northern Ireland only. Complimentary private airport transfers do not apply to tour only bookings or group bookings.

TOUR ONLY

If you purchase a 'tour only' holiday, please provide Thomas Cook Tours with your flight schedules for the entire tour 8 weeks prior to departure. Choosing to book a tour only with us excludes Thomas Cook Tours from any liability where your privately organised travel arrangements may result in inconvenient or difficult flight connection times/transfer times. We do not include transfers from the arrival and departure airport at the holiday destination or private UK airport transfers with tour only bookings.

ACCOMMODATION

We pride ourselves on the quality of accommodation available on each tour. We tend to use 4 star hotels on all of our tours. However, on certain tours we will put location as the key selection criteria. This is true in many of our tours where we stay within a national park, where the uniqueness of staying within the national park is a major highlight of the tour. We have listed the hotels where you will stay on each tour page, although on some dates alternative hotels may be used.

SOLO TRAVELLERS

Our tour pricing is based on 2 sharing a twin /double room. If you are travelling on your own, we have pricing for solo travellers which takes into account having your own room throughout your tour. Please see the Solo Traveller pricing on each tour page. Places are limited so please book early.

INCLUDED MEALS

We include many meals on each tour, but not all. This allows you to choose on selected nights where you'd like to dine. Your tour manager can organise restaurants to suit your personal tastes giving you flexibility and choice on your tour to try the cuisine in local restaurants and also to choose where to eat and how much to spend. Please see individual tours for specific meal inclusions.

TRANSPORT

On each tour we use a variety of different forms of transport. We use everything from coaches, boats, river cruisers and trains to tuk tuks and camels. On some tours smaller buses, which may not be lavatory equipped, may be used. In this case, frequent stops are made during travel periods.

TOUR PACING

Tour pacing varies by itinerary, and each destination's sightseeing and activities are unique. Pacing is subject to personal interpretation. At Thomas Cook Tours, we do include the best a destination has to offer, enhancing your overall tour experience. For overnight pacing of a tour, please refer to the "Accommodation" section on each tour page and on the tour map. These describe the number of nights you will stay in each hotel during your tour. The day-by-day descriptions will provide additional detail about the number of activities included in each day. The Tour Activity Level Ranking is featured on each tour itinerary in a circle. The definition of each activity level is listed here. If you have additional questions regarding a specific tour, please enquire at time of reservation. For your comfort, we recommend packing comfortable walking shoes so you can fully enjoy every aspect of your tour.

Level 1: At a very leisurely pace, this tour involves minimal physical activity, such as climbing some stairs, boarding a coach/minibus, and walking from the hotel reception area to hotel rooms and dining areas.

Level 2: This tour requires average physical activity. You should be in good health, able to climb stairs and walk reasonable distances, possibly over uneven ground and cobblestoned streets.

Level 3: This tour includes moderate physical activity. The itinerary blends some longer days with shorter days and more leisure time. Walking tours, as well as walking slightly longer distances, up stairs or on uneven walking surfaces should be expected.

Level 4: To truly experience the programme and destination, you need to be able to participate in physical activities such as longer walking tours, walking over uneven terrain, climbing stairs

and periods of standing. Some of the touring days may be longer, with select included activities occurring later in the evening.

Level 5: This tour is very active, requiring participants to be physically fit to fully enjoy all the experiences. This itinerary has more strenuous activities which may include such things as: extensive walking tours, transfers over uneven and dusty terrain, high altitudes, early morning departures, late night activities, or extreme temperatures. All conditions do not apply to all days, so please read the itinerary carefully and speak to one of our travel advisors to determine if this tour is right for you. We recommend this programme to individuals who are physically fit. Unfortunately, this tour is not appropriate for individuals who use either walkers or wheelchairs. If this trip is not ideally suited for you, our travel advisors can help determine the perfect trip for you.

TOUR MANAGERS

Our award-winning tour managers are carefully selected for their travel experience, people skills and their time working with you. Their main responsibility is to make sure that all members of the group are well looked after and return home having had a wonderful holiday with amazing memories. It is the tour manager's responsibility to ensure that the tour runs smoothly and that all the logistics are in place; also to oversee the health and safety aspects of your holiday. They are also on hand to provide advice and recommendations for any free time within your specific tour.

HIGH ALTITUDE

Several tours reach elevations of 8,200 feet or more. We allow time for acclimatisation and usually the body acclimatises well to spending extended periods of time above this altitude. It is difficult to predict who is at risk from altitude sickness but if you have a heart or respiratory problem we advise you not to risk extended travel at high altitudes and to check with your doctor.

PASSPORTS AND VISAS

All visa information provided in this brochure is for guidance. Where visas are required, you must check with the relevant embassy or consulate on how to apply.

For tours where a visa is required for UK passport holders, we will advise you at the time of booking. Obtaining the proper proof of citizenship for entry to destination countries is your responsibility. A valid 10 year machine readable passport is required for all individuals travelling outside of the United Kingdom. Passports must be valid for at least six months beyond the return date from the destination. You must check with the appropriate embassy or consulate for specific information and entry requirements.

HOTEL AND AIRPORT PARKING

Hotel and parking option includes one night's accommodation before the tour, and free parking for the duration of any tour. Additional parking due to private arrangements or tailor made extensions are payable at the reduced rate of £10 per day.

HOTEL CHECK IN AND OUT

Most hotels make rooms available for check in at approximately 3pm on the day of arrival. Thomas Cook Tours has taken your time of arrival into consideration when arranging flights to accompany our tours. On checking in, the hotel will ask each customer to register and may require an imprint of your credit card in order to cover personal items and incidentals. If you do not have a credit card for this purpose, a cash deposit may be requested. Check out of hotels is usually between 10am and midday on the day of departure. If you have a late evening flight, we will inform you of this and ask if you wish to make provision for your departure by booking a day room on your last day (time permitting).

HEALTH AND SAFETY

If you are taking prescription medication, please be sure to take an adequate supply for your tour and a few additional days in original prescription containers.

Medication should be packed in your carry-on baggage (never in checked luggage).

You may want to carry an extra prescription in case medication is lost. We operate a 'No Smoking' policy on all of our transport. During the tour, your transport will make frequent stops for the convenience of all guests. The Foreign & Commonwealth office produces up-to-date travel information to help British travellers make informed decisions about travelling abroad. For further information please visit; www.fco.gov.uk/knowbeforeyougo. Alternatively you can contact ABTA at abta.com. We recommend viewing health advice from the Department of Health and discussing with your own GP any specific needs you may have whilst travelling. The Department of Health is a source of information regarding health facilities, vaccinations, and up to date health information for travel including advice on Deep Vein Thrombosis. Please visit their website at www.dh.gov.uk for further details.

SPECIAL ASSISTANCE

Thomas Cook Tours will make reasonable efforts to accommodate the special needs of our participants. Persons requiring individual assistance must be accompanied by a companion who is capable of, and totally responsible for, providing the necessary assistance. Neither Thomas Cook Tours personnel nor its suppliers may physically lift or assist clients onto transportation vehicles. Please ask your booking agent for a Special Assistance form if applicable. This form must be filled out and submitted to us at least eight weeks prior to your departure date so that we can make appropriate arrangements and inform your Tour Manager. Please Note: It is a condition of your contract with us that you inform us before booking of any special assistance that may be required from Thomas Cook Tours during your tour. You will be responsible for indemnifying us in relation to any costs we incur as a result of any failure on your part to do so. Facilities on tour to assist individuals with disabilities vary from country to country.

LUGGAGE ALLOWANCE

Due to limited vehicle capacity, one carry-on 36 inches/95 cms in length, height, and width; not to exceed 11 lbs/5 kg.) and one checked luggage (62 inches/160 cms in length, height and width; not to exceed 50 lbs/23 kgs) are allowed. Please note that these guidelines must be considered with the specific allowance permitted by the airline with whom you are booked to travel. If you exceed the limit of 2 bags, we cannot guarantee that your additional luggage will be able to fit in the vehicle.

Storage or shipment of additional luggage will be at your expense. If we are able to accommodate your additional luggage, we will levy a £2.50 per hotel, per bag fee.

Although every effort is made to handle passengers' luggage carefully, we cannot be responsible, assume liability or accept claims for loss or damage to luggage and personal effects due to breakage, theft, or normal wear and tear that results from hotel, airline and group carrier handling. It is in your best interest to make certain you have adequate insurance to cover these eventualities. On safari tours, soft duffel bag luggage is required as storage space on safari vans is limited.

BOOKING CONDITIONS

These Booking Conditions, together with our privacy and data protection policy, and any other written information we brought to your attention before we confirmed your booking, form the basis of your contract with Adventures Unlimited Inc. of Unit 6, Brook Business Centre, Cowley Mill Road, Uxbridge, Middlesex UB8 2FX, United Kingdom ('we' or 'us'). Please read them carefully as they set out our respective rights and obligations. All the holidays in this brochure/ website are operated by Adventures Unlimited Inc. trading as Thomas Cook Tours. References to 'you' and 'your' include the final named person on the booking and all persons on whose behalf a booking is made or any other person to whom a booking is transferred.

By making a booking, the first named person on the booking agrees on behalf of all persons detailed on the booking that:

- He/she has read these Booking Conditions and has the authority to and does agree to be bound by them;
- He/she consents to our use of information in accordance with our Privacy & Data Protection Policy;
- He/she is over 18 years of age and resident in the United Kingdom and where placing an order for services with age restrictions declares that he/she and all members of the party are of the appropriate age to purchase those services;
- he/she accepts financial responsibility for payment of the booking on behalf of all persons detailed on the booking.

1. MAKING A BOOKING AND PAYING FOR YOUR HOLIDAY

To secure a booking, we or our authorised travel agent must receive the applicable deposit per person (or full payment depending on when your date of departure is) in accordance with table 1 below at clause 2. If the arrangements you wish to book are available we will issue a Confirmation Invoice and send this to you or your travel agent. We reserve the right to return your deposit and decline to issue a confirmation at our absolute discretion. A binding contract will come into existence between you and us as soon as we have issued you with a Confirmation Invoice confirming the details of your booking. If your confirmed arrangements include a flight we (or if you booked via an authorised agent of ours, that agent) will also issue you with an ATOL Certificate. If you book online, any acknowledgement of your booking request which we send to you is not a confirmation of your booking. Before your booking has been confirmed, in the unlikely event that an error has occurred we do reserve the right to make any changes or decline your booking at our discretion. We will communicate any changes to you and request your acceptance of these before issuing you with a Confirmation Invoice.

Upon receipt, if you believe that any details on your Confirmation Invoice or ATOL Certificate (or any other document) are wrong you must advise us immediately as changes cannot be made later and it may harm your rights if we are not notified of any inaccuracies in any document within ten days of our sending it out (five days for tickets). The balance of the cost of your arrangements is due in accordance with Table 1 in clause 2 below. If we do not receive all payments in full and on time, we reserve the right to treat your booking as cancelled by you in which case the cancellation charges set out in Table 2a and 2b in clause 6 below will become payable.

For flight inclusive bookings covered by our ATOL, any money paid to an authorised agent of ours is held by that agent on behalf of and for the benefit of the Trustees of the Air Travel Trust at all times, but subject to the agent's obligation to pay it to us for so long as we do not fail financially. If we do fail financially, any money held at that time by the agent or subsequently accepted from the consumer by the agent, is and continues to be held by that agent on behalf of and for the benefit of the Trustees of the Air Travel Trust without any obligation to pay that money to us.

In the case of international payments you must ensure that the full GBP Sterling amount is received by us after all bank charges have been levied.

Thomas Cook Tours can assume no responsibility for and cannot be held liable for any wrongful, negligent or unauthorised acts or omissions of any travel agent or travel agency other than that of Thomas Cook Tours, itself, and its own employees.

2. DEPOSITS & BALANCES

Further to clause 1, the deposit payable and balance due date (including any surcharge where applicable) will vary depending on the holiday you book, as follows:

Table 1a

Holiday	Deposit Payable*	Balance Due not less than
All holidays (excluding cruise holidays and Antarctica)	£200 per person	60 days before departure
Ocean and river cruise holidays	£200 per person	120 days before departure
Holidays to Antarctica	£200 per person	180 days before departure

*A higher deposit may be payable in certain circumstances, for example if any supplier(s) require additional payment at the time of booking / prior to the balance due date. On occasions, full payment for a service such as flights, permits or pre-purchased passes may also be required at the time of booking or prior to the balance due date.

3. THE PRICE OF YOUR HOLIDAY

You will be notified of the price of your holiday at the time of booking. However, we reserve the right to amend the price of unsold holidays at any time and correct errors in the prices of confirmed holidays.

Once we have issued you with a Confirmation Invoice and a contract exists between us, we guarantee that we will not pass on any unexpected fuel surcharges or currency exchange charges which may otherwise have affected the price of your booking. This means, no matter what happens to the price of fuel or with the exchange rates we use, the price of your confirmed holiday is protected at all times. The prices shown in our brochures and our website are based on our current charges and costs but they may go up and down; we reserve the right to alter the price of any of our holidays and will advise you of the correct price prior to booking. Please call us or visit our website for the most up-to-date prices.

The price of your travel arrangements has been calculated using the rate of \$1.30 to £1 in relation to the following currencies: US\$ and £GBP.

4. CUTTING YOUR HOLIDAY SHORT

If you are forced to return home early, we cannot refund the cost of any services you have not used. If you cut short your holiday and return home early in circumstances where you have no reasonable cause for complaint about the standard of your holiday arrangements, we will not offer you any refund for that part of your holiday not completed, or be liable for any associated costs you may incur. Depending on the circumstances, your travel insurance may offer cover for curtailment and we suggest that any claim is made directly with them.

5. IF YOU CHANGE YOUR BOOKING

If after your holiday has been confirmed you wish to alter your booking, we will try to make the necessary arrangements provided we receive written confirmation of the change from the person who signed the booking form, or your travel agent, before the date on which the final balance of the cost of your holiday is due. Whilst we will do our best to assist, we cannot guarantee that we will be able to meet your requested change. Changes and transfers will be subject to an administrative fee of £25 per change per person as well as any applicable rate changes or extra costs incurred by us and any costs or charges incurred or imposed by any of our suppliers. You should be aware that these costs could increase the closer to the departure date that changes are made and you should contact us as soon as possible. Where we are unable to assist you and you do not wish to proceed with the original booking we will treat this as a cancellation by you. A cancellation fee may be payable. Transfer of Booking: If you or any member of your party is prevented from travelling, that person(s) may transfer their place to someone else (introduced by you and satisfying all the conditions applicable to the arrangements) providing we are notified not less than 28 days before departure and you pay an amendment fee of £25 per person transferring, meet all costs and charges incurred by us and/or incurred or imposed by any of our suppliers and the transferee agrees to these booking conditions and all other terms of the contract between us. If you are unable to find a replacement, cancellation charges as set out will apply in order to cover our estimated costs. Otherwise, no refunds will be given for passengers not travelling or for unused services.

Note: Certain arrangements may not be amended after they have been confirmed and any alteration could incur a cancellation charge of up to 100% of that part of the arrangements.

6. IF YOU CANCEL YOUR BOOKING

If you or any other member of your party decides to cancel your confirmed booking you must notify us in writing. Your notice of cancellation will only take effect when it is received in writing by us at our offices. Since we incur costs in cancelling your travel arrangements, you will have to pay the applicable cancellation charges to compensate for estimated losses and expenses. These are calculated from the date we receive your written notification of cancellation and will be payable up to the maximum shown in Tables 2a and 2b below.

The cancellation charges detailed below are calculated on the basis of the total cost payable by the person(s) cancelling excluding insurance premiums and amendment charges which are not refundable in the event of the person(s) to whom they apply cancelling:

Table 2a: All holidays excluding ocean/river cruises and holidays to Antarctica

Period before departure notice of cancellation is received by us	Cancellation Charge
More than 60 days	Deposit only
60 - 29 days	50% of holiday cost
28 - 15 days	60% of holiday cost
14 - 8 days	75% of holiday cost
7 - 4 days	90% of holiday cost
Less than 3 days	100% of holiday cost

Table 2b: All ocean/river cruises and holidays to Antarctica

Period before departure notice of cancellation is received by us	Cancellation Charge
Before balance due date	Deposit only
Balance due date - 90 days	50% of holiday cost
89 - 45 days	60% of holiday cost
44 - 21 days	75% of holiday cost
20 - 8 days	80% of holiday cost
7 - 4 days	90% of holiday cost
Less than 3 days	100% of holiday cost

Note: Certain arrangements may not be amended after they have been confirmed and any alteration or cancellation could incur a cancellation charge of up to 100% of that part of the arrangements in addition to the charge above.

We will deduct the cancellation charge(s) from any monies you have already paid to us.

You may be able to reclaim these charges (less any applicable excess) under the terms of your insurance policy.

If some, but not all party members cancel, additional charges may be payable by the remaining members, e.g. under occupancy charges or single supplements. No allowance or refund can be made for your meals, rooms, excursions etc., included in the price of your tour but not taken, nor can any refund be made for lost, mislaid, or destroyed travel tickets or vouchers.

7. THOMAS COOK TOURS WORRY-FREE TRIP CANCELLATION WAIVER PLAN ("CANCELLATION WAIVER")

Cancellation Waiver provided by Thomas Cook Tours: The Cancellation Waiver is provided by Thomas Cook Tours. Payment of a per person Cancellation Waiver fee provides for a full refund of all payments (including deposit), except the Cancellation Waiver fee itself, made to Thomas Cook Tours for travel arrangements in case of cancellation of your travel plans for any reason prior to the day of departure. The Cancellation Waiver fee with air only covers airline tickets you have purchased from Thomas Cook Tours.

Exception: If you originally purchased nonrefundable airline tickets, this Cancellation Waiver does not provide a refund for the airline tickets, taxes or fees, in the event of a cancellation. The Cancellation Waiver protects you from penalties in the event you have a need to cancel your entire inclusive tour package up to the day prior to departure. The Cancellation Waiver does not indemnify you from penalties if you choose to cancel partial tour components or air. If you choose to partially cancel your tour, you will be responsible for a revision fee as well as any penalties that are incurred at the time of the cancellation.

Thomas Cook Tours' Cancellation Waiver does not cover any single supplement charges which arise from an individual's travelling companion electing to cancel for any reason prior to departure. In this case, the single supplement will be deducted from the refund of the person who cancels. Division of this charge between the two passengers involved is solely their responsibility. If insufficient funds are deducted from the cancelling client, the travelling client will be charged the remaining portion of the single supplement. Payment of the Cancellation Waiver Fee (if chosen) must be received by Thomas Cook Tours with your deposit. The fee is nontransferable and valid only for the individual who has chosen the Cancellation Waiver.

Where to Request Refunds

To request a refund under the Cancellation Waiver, please call Thomas Cook Tours and send any unused airline tickets to:

Thomas Cook Tours
ATTN: Customer Service Department
Unit 6-Brook Business Centre
Cowley Mill Road
Uxbridge, Middlesex, UB8 2FX

If cancellation occurs prior to departure, contact the Thomas Cook Tours Reservations Department. When a client cancels prior to departure, any refunds are processed through the booking agent.

Thomas Cook Tours Worry-Free Trip Cancellation Waiver Plan Pricing (per person)

The Cost of the Worry-Free Trip Cancellation Waiver Plan is as follows:

Land Only Clients: £150.00 per person
Air-Inclusive Clients: £200.00 per person

Thomas Cook Tours Worry-Free Trip Cancellation Waiver Plan can only be purchased by individuals who have purchased our Flex Airfare or Instant Purchase nonrefundable air through us. Instant Purchase air and its associated taxes, fees and surcharges require full payment at time of reservation and are 100% nonrefundable.

The Cancellation Waiver offered is NOT a contract of insurance. Rather, the payment of the cancellation waiver fee merely enhances your contract terms with us in offering you a holiday package without cancellation penalties. As discussed in item 25, it is a condition of your contract that you have adequate travel insurance in place.

8. IF WE CHANGE OR CANCEL YOUR BOOKING

As we plan your holiday arrangements many months in advance we may occasionally have to make changes or cancel your booking and we reserve the right to do so at any time.

Changes: If we make a minor change to your holiday, we will make reasonable efforts to inform you or your travel agent as soon as reasonably possible if there is time before your departure but we will have no liability to you. Examples of minor changes include alteration of your outward/return flights by less than 12 hours, changes to aircraft type, change of accommodation to another of the same or higher standard, changes of carriers. Please note that carriers such as airlines used in the brochure may be subject to change. Occasionally we may have to make a major change to your confirmed arrangements. "Examples of "major changes" include the following, when made before departure:

- A change of accommodation area for the whole or a significant part of your time away;
- A change of accommodation to that of a lower standard or classification for the whole or a significant part of your time away;
- A change of outward departure time or overall length of your arrangements of twelve or more hours;
- A change of UK departure airport, as long as that change is not from one London airport to another London airport. London airports are Heathrow, Gatwick, Stansted, Luton and London City;
- A significant change to your itinerary, missing out one or more destination entirely;
- The closure of the only or all advertised swimming pool(s) at your accommodation for an extended period.

Cancellation: We will not cancel your travel arrangements less than 60 days before your departure date, except for reasons of force majeure or failure by you to pay the final balance. We may cancel your holiday before this date if, e.g., the minimum number of clients required for a particular travel arrangement is not reached.

If we have to make a major change or cancel, we will tell you as soon as possible and if there is time to do so before departure, we will offer you the choice of:

1. (for major changes) accepting the changed arrangements;
2. having a refund of all monies paid; or
3. accepting an offer of alternative travel arrangements of comparable standard from us, if available (we will refund any price difference if the alternative is of a lower value).

You must notify us of your choice within 7 days of our offer. If you fail to do so we will assume that you have chosen to accept the change or alternative booking arrangements.

Insurance: If we cancel or make a major change and you accept a refund, we will provide a full refund of your travel insurance premiums if you paid them to us and can show that you are unable to transfer or reuse your policy.

Compensation: If we cancel or make a major change less than 60 days before departure, we will pay compensation as detailed below. The compensation that we offer does not exclude you from claiming more if you are entitled to do so.

Period before departure a significant change or cancellation is notified to you (or your travel agent)	Compensation change or per person (excluding infants)
60 days or more	£0
59 - 45 days	£20
44 - 30 days	£30
Less than 30 days	£50

IMPORTANT NOTE: We will not pay you compensation in the following circumstances:

- where we make a minor change;
- where we make a major change or cancel your arrangements more than 60 days before departure;
- where we have to cancel your arrangements as a result of your

- failure to make full payment on time;
- where the change or cancellation by us arises out of alterations to the confirmed booking requested by you;
- where we are forced to cancel or change your arrangements due to Force Majeure (see clause 13).

Please note: where accommodation with a higher price than the original accommodation is offered by us and accepted by you, the difference in price will be deducted from any compensation payable. In no case will we pay compensation if accommodation is offered by us and accepted by you with a higher price than that originally booked in the same location where no additional payment is made by you.

If we become unable to provide a significant proportion of the services that you have booked with us after you have departed, we will make alternative arrangements for you at no extra charge and, if appropriate in all the circumstances, will pay you reasonable compensation.

9. PASSPORTS, VISAS AND HEALTH REQUIREMENTS

It is your responsibility to check and fulfill the passport, visa, health and immigration requirements applicable to your booking and that no personal circumstances such as a criminal offence or travel to another country will affect your entry into the country you're visiting, and that you have the required vaccinations to gain entry to any country which you are visiting. We can only provide general information about this. You must check requirements for your own specific circumstances with the relevant Embassies and/or Consulates and your own doctor as applicable. Requirements do change and you must check the up to date position in good time before departure.

Most countries now require passports to be valid for at least 6 months after your return date. If your passport is in its final year, you should check with the Embassy of the country you are visiting. For further information contact the Passport Office on 0300 222 0000 or visit www.gov.uk/browse/abroad/passports. Special conditions apply for travel to the USA, and all passengers must have individual machine readable passports. Please check www.usembassy.org.uk

For European holidays you should obtain a completed and issued form EHIC prior to departure.

Up to date travel advice can be obtained from the Foreign and Commonwealth Office, visit www.fco.gov.uk

Non British passport holders, including other EU nationals, should obtain up to date advice on passport and visa requirements from the Embassy, High Commission or Consulate of your destination or country(ies) through which you are travelling.

We do not accept any responsibility if you cannot travel, or incur any other loss because you have not complied with any passport, visa, immigration requirements or health formalities. Further, we are not liable to you for any illness or discomfort you suffer through failure to have required vaccinations or to follow medical advice. You agree to reimburse us in relation to any fines or other losses which we incur as a result of your failure to comply with any passport, visa, immigration requirements or health formalities.

10. SINGLE TRAVELLER OCCUPANCY

Our holidays are advertised on a per person basis based on two persons sharing a room therefore the price when occupied by one person is higher than when two persons share the cost of the room. It is not our intention to penalise anyone who is under occupying the accommodation we provide and we certainly do not make additional or excessive profit from these sales: the price we charge merely reflects the real cost to us. If a hotel is able to offer accommodation designed for single occupancy only, we will normally charge a reduced supplement, considerably smaller than the one we apply when a single traveller occupies a double room. Allocation of rooms is at the discretion of each individual hotel and not something that we can influence.

11. DEALING WITH COMPLAINTS

We will make every effort to make your holiday as enjoyable and trouble free as possible. Most problems can be sorted out straight away if we know about them. If you have a complaint, you must advise our representatives straight away and the supplier of the service(s) in question. If you don't complain at the time this may affect your ability to claim compensation. You may also contact us directly using the emergency telephone number enclosed with your travel documents. That number will put you in touch with one of our employees who will take all reasonable steps to help you.

If the problem cannot be resolved and you wish to complain further, you must write to us within 28 days of your return from holiday to: Customer Services Department, Thomas Cook Tours, Unit 6 Brook Business Centre, Cowley Mill Road, Uxbridge UB8 2FX, quoting your booking reference number and all other relevant information. Please keep your letter concise and to the point. This will assist us to quickly identify your concerns and speed up our response to you. Failure to follow the procedure set out in this clause may affect ours and the applicable supplier's ability to investigate your complaint, and will affect your rights under this contract.

Please note that we offer an Alternative Dispute Resolution service through our ABTA membership. Please see clause [23] for further details. You can also access the European Commission Online Dispute (ODR) Resolution platform at <http://ec.europa.eu/consumers/odr/>. This ODR platform is a means of registering

your complaint with us; it will not determine how your complaint should be resolved.

12. BEHAVIOUR

All guests staying with us are expected to conduct themselves in an orderly and acceptable manner and not to disrupt the enjoyment of other guests. If in our opinion or in the opinion of any hotel manager or any other person in authority, your behaviour or that of any member of your party is causing or is likely to cause distress, danger or annoyance to any of our other guests or any third party or damage to property, or to cause a delay or diversion to transportation, we reserve the right to terminate your booking arrangements with us immediately. In the event of such termination our liability to you and/or your party will cease and you and/or your party will be required to leave your accommodation or other service immediately. We will have no further obligations to you and/or your party. No refunds for lost accommodation or any other service will be made and we will not pay any expenses or costs incurred as a result of termination. You and/or your party may also be required to pay for loss and/or damage caused by your actions and we will hold you and each member of your party jointly and individually liable for any damage or losses caused by you or any member of your party. Full payment for any such damage or losses must be paid directly to the hotel manager or other supplier prior to departure from the hotel. If you fail to make payment, you will be responsible for meeting any claims (including legal costs) subsequently made against us as a result of your actions together with all costs we incur in pursuing any claim against you. We cannot be held responsible for the actions or behaviour of other guests or individuals who have no connection with your booking arrangements or with us.

13. EVENTS BEYOND OUR CONTROL

Except where otherwise expressly stated in these booking conditions we will not be liable or pay you compensation if our contractual obligations to you are affected by any event which we or the supplier(s) of the service(s) in question could not, even with all due care, foresee or avoid. These events can include, but are not limited to war, threat of war, civil strife, terrorist activity and its consequences or the threat of such activity, riot, the act of any government or other national or local authority including port or river authorities, industrial dispute, lock closure, natural or nuclear disaster, fire, chemical or biological disaster and adverse weather, sea, ice and river conditions and all similar events outside our or the supplier(s) concerned's control. Advice from the Foreign Office to avoid or leave a particular country may constitute Force Majeure. We will follow the advice given by the Foreign Office.

14. OUR RESPONSIBILITY FOR YOUR HOLIDAY

1. We will accept responsibility for the arrangements we agree to provide or arrange for you as an "organiser" under the Package Travel, Package Holidays and Package Tours Regulations 2018 as set out below. Subject to these booking conditions, if we or our suppliers negligently perform or arrange the services which we are obliged to provide for you under our contract with you, as set out on your confirmation invoice, we will pay you reasonable compensation. The level of such compensation will be calculated taking into consideration all relevant factors such as but not limited to: following the complaints procedure as described in these conditions and the extent to which ours or our employees' or suppliers' negligence affected the overall enjoyment of your holiday. Please note that it is your responsibility to show that we or our supplier(s) have been negligent if you wish to make a claim against us
2. We will not be responsible or pay you compensation for any injury, illness, death, loss, damage, expense, cost or other claim of any description if it results from:
 - a. the act(s) and/or omission(s) of the person(s) affected;
 - b. the act(s) and/or omission(s) of a third party unconnected with the provision of the services contracted for and which were unforeseeable or unavoidable; or
 - c. unusual or unforeseeable circumstances beyond ours or our supplier(s) control, the consequences of which could not have been avoided even if all due care had been exercised; or
 - d. an event which either ourselves, our employees, agents or suppliers and subcontractors could not, even with all due care, have foreseen or forestalled.
3. We limit the amount of compensation we may have to pay you if we are found liable under this clause as follows:
 - a. **loss of and/or damage to any luggage or personal possessions and money,** the maximum amount we will have to pay you in respect of these claims is an amount equivalent to the excess on your insurance policy which applies to this type of loss per person in total because you are assumed to have adequate insurance in place to cover any losses of this kind.
 - b. **Claims not falling under (a) above and which don't involve injury, illness or death** the maximum amount we will have to pay you in respect of these claims is twice the price paid by or on behalf of the person(s) affected in total. This maximum amount will only be payable where everything has gone wrong and you or your party has not received any benefit at all from your booking.
 - c. **Claims in respect of international travel by air, sea and rail, or any stay in a hotel**
 - i. The extent of our liability will in all cases be limited as if we

were carriers under the appropriate Conventions, which include The Warsaw/Montreal Convention (international travel by air); The Athens Convention (with respect to sea travel); The Berne/ COTIF Convention (with respect to rail travel) and The Paris Convention (with respect to hotel arrangements). You can ask for copies of these Conventions from our office. Please contact us. In addition, you agree that the operating carrier or transport company's own 'Conditions of Carriage' will apply to you on that journey. When arranging transportation for you, we rely on the terms and conditions contained within these international conventions and those 'Conditions of Carriage'. You acknowledge that all of the terms and conditions contained in those 'Conditions of Carriage' form part of your contract with us, as well as with the transport company and that those 'Conditions of Carriage' shall be deemed to be included by reference into this contract.

- ii. In any circumstances in which a carrier is liable to you by virtue of the Denied Boarding Regulation 2004, any liability we may have to you under our contract with you, arising out of the same facts, is limited to the remedies provided under the Regulation as if (for this purpose only) we were a carrier.
- iii. When making any payment, we are entitled to deduct any money which you have received or are entitled to receive from the transport provider or hotelier for the complaint or claim in question.
4. It is a condition of our acceptance of liability under this clause that you notify any claim to us and our supplier(s) strictly in accordance with the complaints procedure set out in these Booking Conditions.
5. Where any payment is made, the person(s) receiving it (and their parent or guardian if under 18 years) must also assign to ourselves or our insurers any rights they may have to pursue any third party and must provide ourselves and our insurers with all assistance we may reasonably require.
6. Please note, we cannot accept any liability for any damage, loss or expense or other sum(s) of any description which on the basis of the information given to us by you concerning your booking prior to our accepting it, we could not have foreseen you would suffer or incur if we breached our contract with you; or (b) any business losses.
7. We will not accept responsibility for services or facilities which do not form part of our agreement or where they are not advertised in our brochure. For example any excursion you book whilst away, or any service or facility which your hotel or any other supplier agrees to provide for you.

15. CONDITIONS OF SUPPLIERS

Many of the services which make up your holiday are provided by independent suppliers. Those suppliers provide these services in accordance with their own terms and conditions which will form part of your contract with us. Some of these terms and conditions may limit or exclude the supplier's liability to you, usually in accordance with applicable International Conventions. Copies of the relevant parts of these terms and conditions are available on request from ourselves or the supplier concerned.

16. DELAYS AND OTHER TRAVEL INFORMATION

If you or any member of your party misses your flight or other transport arrangement, it is cancelled or you are subject to a delay of over 3 hours for any reason, you must contact us and the airline or other transport supplier concerned immediately. The Package Travel Regulations 2018 provide that in the event that you experience difficulties on the occurrence of circumstances described in clauses 13 (3) (a) (b) (c) of these Booking Conditions, we will provide you with prompt assistance. Where you experience a delay which is not owing to any failure by us, our employees or sub-contractors, this prompt assistance is likely to extend to providing help in locating refreshments, accommodation and communications but not paying for them. Any airline or other transport supplier may however pay for or provide refreshments and/or appropriate accommodation and you should make a claim directly to them. Subject to the other terms of these conditions, we will not be liable for any costs, fees or charges you incur in the above circumstances, if you fail to obtain our prior authorisation before making your own travel arrangements.

Under EU Law, you have rights in some circumstances to refunds and/or compensation from the airline in cases of denied boarding, cancellation or delay to flights. Full details of these rights will be publicised at EU airports and will also be available from airlines. If the airline does not comply with these rules you should complain to the Civil Aviation Authority at www.caa.co.uk/passengers. Reimbursement in such cases is the responsibility of the airline and will not automatically entitle you to a refund of your holiday price from us. If, for any reason, you do not claim against the airline and make a claim for compensation from us, you must, at the time of payment of any compensation to you, make a complete assignment to us of the rights you have against the airline in relation to the claim that gives rise to that compensation payment. A delay or cancellation to your flight does not automatically entitle you to cancel any other arrangements even where those arrangements have been made in conjunction with your flight.

We cannot accept liability for any delay which is due to any of the reasons set out in clause 12 of these Booking Conditions (which includes the behaviour of any passenger(s) on any flight who, for example, fails to check in or board on time).

The carrier(s), flight timings and types of aircraft shown in this brochure or on our website and detailed on your confirmation invoice are for guidance only and are subject to alteration and confirmation. We shall inform you of the identity of the actual carrier(s) as soon as we become aware of it. The latest flight timings will be shown on your tickets which will be despatched to you approximately two weeks before departure. You should check your tickets very carefully immediately on receipt to ensure you have the correct flight times. If flight times change after tickets have been despatched we will contact you as soon as we can to let you know.

Please note the existence of a "Community list" (available for inspection at http://ec.europa.eu/transport/air-ban/list_en.htm) detailing air carriers that are subject to an operating ban with the EU Community. This brochure is our responsibility, as your tour operator. It is not issued on behalf of, and does not commit the airlines mentioned herein or any airline whose services are used in the course of your travel arrangements. Please note that in accordance with Air Navigation Orders in order to qualify for infant status, a child must be under 2 years of age on the date of its return flight.

17. SPECIAL REQUESTS

Any special requests must be advised to us at the time of booking e.g. diet, room location, a particular facility at a hotel etc. You should then confirm your requests in writing. Whilst every effort will be made by us to try and arrange your reasonable special requests, we cannot guarantee that they will be fulfilled. The fact that a special request has been noted on your confirmation invoice or any other documentation or that it has been passed on to the supplier is not confirmation that the request will be met. Failure to meet any special request will not be a breach of contract on our part unless the request has been specifically confirmed in writing. We do not accept bookings that are conditional upon any special request being met.

18. DISABILITIES AND MEDICAL PROBLEMS

We are not a specialist disabled holiday company, but we will do our utmost to cater for any special requirements you may have. If you or any member of your party has any medical problem or disability which may affect your stay, please provide us with full details before we confirmed your booking so that we can try to advise you as to the suitability of your chosen arrangements. We may require you to produce a doctor's certificate certifying that you are fit to participate in the tour. Acting reasonably, if we are unable to properly accommodate the needs of the person(s) concerned, we will not confirm your booking or if you did not give us full details at the time of booking, we will cancel it and impose applicable cancellation charges when we become aware of these details.

19. CONSUMER PROTECTION

The Package Travel, Package Holidays and Package Tours Regulations 2018 require us to provide security for the monies that you pay for the package holidays you book with us. For holidays that include any flight, we provide this security by way of a bond held by the Civil Aviation Authority under ATOL number 4832. When you buy a flight-inclusive holiday from us you will receive an ATOL Certificate. This lists the flight, accommodation, car hire and/or other services that are financially protected, where you can get information on what this means for you and who to contact if things go wrong. For further information, visit the ATOL website at www.atol.org.uk. The price of our flight inclusive arrangements includes the amount of £2.50 per person as part of the ATOL Protection Contribution (APC) we pay to the CAA. This charge is included in our advertised prices. Not all holiday or travel services offered and sold by us will be protected by the ATOL Scheme. ATOL protection extends primarily to Customers who book and pay in the United Kingdom.

We, or the suppliers identified on your ATOL Certificate will provide you with the services listed on the ATOL Certificate (or a suitable alternative). In some cases, where neither we nor the supplier are able to do so for reasons of insolvency, an alternative ATOL holder may provide you with the services you have bought (at no extra cost to you). You agree to accept that in those circumstances the alternative ATOL holder will perform those obligations and you agree to pay any money outstanding to be paid by you under your contract to that alternative ATOL holder. However, you also agree that in some cases it will not be possible to appoint an alternative ATOL holder, in which case you will be entitled to make a claim under the ATOL Scheme (or your credit card issuer where applicable).

If we, or the suppliers identified on your ATOL certificate are unable to provide the services listed (or a suitable alternative, through an alternative ATOL holder or otherwise) for reasons of insolvency, the Trustees of the Air Travel Trust may make a payment to (or confer a benefit on) you under the ATOL scheme. You agree that in return for such a payment or benefit you assign absolutely to those Trustees any claims which you have or may have arising out of or relating to the non-provision of the services, including any claim against us, the travel agent (or your credit card issuer where applicable). You also agree that any such claims may be re-assigned to another body, if that other body has paid sums you have claimed under the ATOL scheme.

We are also a member of ABTA (ABTA Number W050X). If your holiday does not include flights ABTA will financially protect your holiday in the same way.

20. ADVANCE PASSENGER INFORMATION

A number of Governments are introducing new requirements for air carriers to provide personal information about all travellers on their aircraft to the Authorities before the aircraft leaves the UK. The data will be collected either at the airport when you check in or in some circumstances when, or after you make your booking. Accordingly, you are advised to allow extra time to check in for your flight. Where we collect this data, we will treat it in accordance with our privacy policy.

21. FOREIGN OFFICE ADVICE

You are responsible for making yourself aware of Foreign Office advice in regard to the safety of the countries and areas in which you will be travelling and to make your decisions accordingly. The Foreign & Commonwealth Office (FCO) provides travel advice on destinations, which includes information on passports, visas, health, safety, security and more. Please visit www.gov.uk/foreign-travel-advice. Advice from the Foreign Office to avoid or leave a particular country may constitute Force Majeure. (See clause 12).

22. LAW AND JURISDICTION

These Booking Conditions and any agreement to which they apply are governed in all respects by English law. We both agree that any dispute, claim or other matter which arises between us out of or in connection with your contract or booking will be dealt with under the ABTA Arbitration Scheme or by the Courts of England and Wales only. You may however, choose the law and jurisdiction of Scotland or Northern Ireland if you live in those places and if you wish to do so.

23. ACCURACY OF PRICES AND INFORMATION

We endeavour to ensure that all the information and prices both on our website and in our brochures are accurate, however occasionally changes and errors occur and we reserve the right to correct prices and other details in such circumstances. You must check the current price and all other details relating to the arrangements that you wish to book before your booking is confirmed.

24. ABTA

We are a Member of ABTA, membership number W050X. We are obliged to maintain a high standard of service to you by ABTA's Code of Conduct. We can also offer you ABTA's scheme for the resolution of disputes which is approved by the Chartered Trading Standards Institute. If we can't resolve your complaint, go to www.abta.com to use ABTA's simple procedure. Further information on the Code and ABTA's assistance in resolving disputes can be found on www.abta.com

25. INSURANCE

The Cancellation Waiver offered in item 7 is NOT a contract of insurance. Rather, the payment of the cancellation waiver fee merely enhances your contract terms with us in offering you a holiday package without cancellation penalties. As such, it is a condition of your contract with us that you have adequate travel insurance in place. You must be satisfied that your insurance fully covers all your personal requirements including cancellation charges, pre-existing medical conditions, medical expenses, repatriation, helicopter rescue and air ambulance in the event of accident or illness. The insurance cover should extend for the planned duration of the holiday and at least an additional day. Details of a policy suitable to cover the arrangements you book are available by contacting us as detailed below. If you choose to travel without adequate insurance cover, we will not be liable for any losses howsoever arising, in respect of which insurance cover would otherwise have been available. The insurance policy and the receipt of premiums paid there under should be provided to us prior to departure. If you join the holiday without adequate insurance you may not be allowed to continue on the holiday, with no right to refund. If circumstances give rise to a claim the client will forthwith pursue his remedies under such policy(ies). We will also ask you for details of the name, address and telephone numbers of their next of kin or persons to be notified in the event of an emergency. We act as an Introducer Appointed Representative for the purposes of your travel insurance, appointed by Global Travel Insurance Services Ltd who are authorized and regulated by the Financial Conduct Authority whose status can be checked on the FCA Register by visiting www.fca.org.uk or by contacting the FCA on 0800 111 6768. Contact Details: Address for correspondence: The Turret, 25 Farncombe Road, Worthing, West Sussex BN11 2AY, Telephone: 01903 235042 Fax: 01903 211106 Email: info@globaltravelinsurance.co.uk Website: www.globaltravelinsurance.co.uk. Beyond providing this information, we are not allowed to assist you in any way in the arrangement of your travel insurance or give any advice.

DATA PROTECTION & PRIVACY POLICY

Visit <http://www.thomascooltours.com/privacy> for complete information.



EXPLORATIONS



spark
YOUR SENSE OF WANDER

We invite you to step off the beaten path and step into new cultures. **Explorations** gives travellers access to the world in a new way, venturing with a small group on immersive adventures. Lace up your trainers and prepare to walk, bike, hike and explore on these active and engaging journeys.

See page 38 or visit thomascooktours.com/explorations for a deeper look.

OFFICE OPENING HOURS

MON-SAT: 9AM-6PM

SUN: 10AM-5PM

PUBLIC HOLIDAYS: **10AM-5PM**

Thomas Cook Tours
Unit 6, Brook Business Centre
Cowley Mill Road, Uxbridge, UB8 2FX

FOR MORE INFORMATION AND TO BOOK CALL: **0800 804 8730**

TRAVEL AGENT BOOKING: **0800 804 8330**

GROUP BOOKINGS: **0800 804 8703**

EMAIL: **SALES@THOMASCOOKTOURS.COM**

WEB: **THOMASCOOKTOURS.COM**



*Mention source code 8MVNO for savings. Offers can expire earlier due to space or inventory availability. Space is limited and savings are only available on select departures. Space is on a first come, first served basis. Offers are not valid on group or existing bookings or combinable with any other offer. Promotional pricing may remain in effect after the expiration date. Offer amounts vary by tour and departure date. Other restrictions may apply. Call or visit thomascooktours.com/offers for more details.